

# Tim Rees

*Professor of Sport | Chartered Psychologist | Accredited Sport & Exercise Scientist*

*Higher Education Academy Fellow*

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## CONTACT INFORMATION

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Bournemouth University, Department of Sport & Physical Activity,  
Faculty of Management, Talbot Campus, Fern Barrow, Poole, BH12 5BB

## EDUCATION

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**2000:** PhD—Sport, Health and Physical Education, Bangor University

**2000:** Postgraduate Certificate in Teaching in Higher Education—Bangor University

**1995:** BA (Hons)—Sport, Health and Physical Education, Bangor University

## APPOINTMENTS

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**2015 to present:** Full Professor  
Bournemouth University—Department of Sport & Physical Activity

**2006 to 2015:** Senior Lecturer  
University of Exeter—Sport & Health Sci., College of Life & Environmental Sci.

**2000 to 2006:** Lecturer B  
University of Exeter—Sport & Health Sci., College of Life & Environmental Sci.

**2000 - probation cut after 9 months:** Lecturer A  
University of Exeter—Sport & Health Sci., College of Life & Environmental Sci.

## PROFESSIONAL QUALIFICATIONS

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**2014-:** British Psychological Society Associate Fellow

**2013-2015:** Science Council Chartered Scientist

**2010-:** British Psychological Society Chartered Psychologist

**2000-:** Higher Education Academy Fellow

**1999-2023:** British Assoc. Sport & Ex. Sciences Accredited Sport & Exercise Scientist

## POSITIONS

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**2018-2020—**University Board Member

**2017-2020—**Professoriate Member of Senate

**2017-2019—**Chair, University Impact Sub-committee

**2016—**REF Lead for UoA 24c for sport

**2016—**Impact Champion for UoA 24c for sport

**2015—**Deputy Director, Centre for Sport & Physical Activity Research (SPARC)

## AWARDS

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**2021:** Bournemouth University VC staff award nomination/shortlist

**2021:** Bournemouth University Tim Rees: Excellence Award

**2016:** Times Higher Education Project of the Year Nomination

**2010:** University of Exeter Dean's Merit Award—Research

**2004:** University of Exeter Dean's Merit Award—Research

**1995-1999:** University of Wales scholarship

## GRANTS

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### External

**2020:** *GrOup-based physical Activity for oLder adults Trial 2.0 (GOAL 2.0)—A group-based social connectedness intervention to support sustained physical activity adherence among older adults.* Canadian Institute of Health Research Can\$100,000 with Beauchamp (UBC), Rhodes (UBC), Mckay (UBC), Liu-Ambrose (UBC), Puterman (UBC), Côté (UBC), Liu (UBC), Hoppman (UBC), Sheel (UBC), Cruwys (ANU). (RED 11799).

**2020:** *Mental health and movement: Whole school approaches & community engagement.* Stormbreak: £60,600 (w/ Daniel Lock, Bournemouth University). (RED ID 10797)

**2019:** *Evaluation of the Active Ageing project.* Active Dorset: £37,500 (with Gary Evans, Daniel Lock, Adam Blake, and Andrew Adams, Bournemouth University). (RED ID 10918).

**2019:** *Injury risk and performance: Towards a better understanding of the complexities and intricacies of load monitoring within an elite football club.* AFC Bournemouth: £93,672 (with Rashid Bakirov, Bournemouth University). (RED ID 11494)

**2019:** *Movement, physical activity, mental health, and wellbeing in primary schools.* Stormbreak: £130,000 (with Mike Silk, Daniel Lock, Carly Stewart, Amanda Wilding, Bournemouth University; Victoria Randall, University of Winchester; Martin Yelling, Stormbreak).

**2018:** *The diffusion and adoption of sport psychology in elite academy football: Integration and application.* AFC Bournemouth: £60,600 (with Amanda Wilding, Bournemouth University). (RED ID 11493)

**2018:** *Performance Analysis in Football: Academy Development.* AFC Bournemouth: £4,200. (with Andrew Callaway, Bournemouth University). (RED ID 11001).

**2017:** *A pragmatic multi-centred randomised controlled trial with economic evaluation, to compare a cycling and educational programme with usual physiotherapy care in the treatment of hip osteoarthritis: CycLing and EducATion (CLEAT).* National Institute of Health Research: £349,937. (with Wainwright, T., Middleton, R., Thomas, P., Sheppard, Z., Hawton, A., Low, M). (RED ID 9894)

**2017:** *A programme of coaching and education to improve coaching outcomes in Chinese football.* Federation of University Sports of China (FUSC). £375,040. (with Lu, L.). (RED ID 10151)

**2016:** *Coach, athlete, and relational influences on development athletes' attitudes, intentions, and willingness to dope.* International Olympic Committee: \$10,800 (c. £8273) (with Paul Freeman). (RED ID 9356).

**2015:** *Improving talent identification and development in the Rugby Football Union.* Economic and Social Research Council / England Rugby: £10,668.

**2010-2013:** *Understanding changes in the personal, social and environmental impact upon physical activity of the Devon Active Villages programme.* Economic and Social Research Council (a CASE award, co-funded by Active Devon): £69,000 (with Melvyn Hillsdon, University of Exeter)

**2010-2013:** *The development and validation of a psychological profiling system for elite cricket players.* Economic and Social Research Council (a CASE award, co-funded by the England and Wales Cricket Board): £69,000 (with Kim Peters, University of Queensland)

**2010-2013:** *Understanding changes in the personal, social and environmental impact upon physical activity of the Devon Active Villages programme.* PenclaHRC (Peninsula College of Medicine and Dentistry): £5,000 (with Melvyn Hillsdon)

**2010-2012:** *Understanding GB medal winners.* UKSport: £220,000

**2010-2012.** *The impact of reattribution upon expectations, emotions, persistence, and performance.* British Council Franco-British Fellowship Alliance: £3800

**2008-2011.** *The determinants of exercise behaviour in Saudi schoolchildren.* Saudi Government (PhD studentship): £26,000

**2009:** *BASES Conference Grant.* BASES: £500 (for invited lecture at European Congress of Sport Science, Oslo, Norway).

**2003:** *The psychology and physiology of impulse shopping.* Barclaycard/Lexis PR: £10,919.28 (with Richard Winsley)

**2001:** *UKSport Conference Grant.* UKSport: £1000 (conference attendance at 10th World Congress of Sport Psychology, Greece)

*Total: £1,593,538*

#### **Internal**

**2016:** *CRIS-ELITE: The interface of sport with high-intensity disaster management.* Open Fund, Bournemouth University: £37,230.

**2015:** *Improving talent identification and development in the Rugby Football Union.* Open Innovation Fund, University of Exeter: £2,084.

**2014:** *Outward Mobility Academic Fellowship.* University of Exeter: £2,765

**2011:** *Business Voucher.* University of Exeter: £3000

**2009-2011:** *Link Funds.* University of Exeter: £2320

*Total: £47,399*

*Grand Combined Total: £1,640,937*

## POSTGRADUATE SUPERVISION

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### Doctor of Philosophy

1. **Paul Freeman:** Thesis Title: *Psychosocial determinants of performance*. Successful completion (Category A pass with no revisions), 17<sup>th</sup> May, 2006. The high quality of Paul's work was recognised by winning the best overall poster prize at the BASES conference in 2002.  
\*Paul is now Senior Lecturer at University of Essex
2. **Peter Coffee:** Thesis Title: *Main and interactive effects of attributions upon self-efficacy and performance in sport*. Successful completion (Category A pass with no revisions) 9<sup>th</sup> June, 2008. The high quality of Peter's work was recognised by his gaining 4<sup>th</sup> place in the ECSS 2008 Young Investigators' Award (out of 300 entrants world-wide across all sub-disciplines of sport, health, and exercise sciences). This award to Peter of 1000 Euros was the highest for psychology. Additionally, Peter was awarded the British Psychological Society PhD of the Year Award, 2009.  
\*Peter is now Senior Lecturer at University of Stirling
3. **Abdullah Alselaimi:** Thesis Title: *The determinants of exercise behaviour in Saudi schoolchildren*. Successful completion (with revisions) 3<sup>rd</sup> December, 2010.
4. **Tjerk Moll:** Thesis Title: *When and how enacted support aids performance*. Student registered at University of Exeter. Second supervision from Dr Paul Freeman. Successful completion (Pass with minor revisions) 4<sup>th</sup> June, 2013. The high quality of Tjerk's work was recognised by winning a poster prize at the BASES student conference in 2011.  
\*Tjerk is now Lecturer at Cardiff Metropolitan University
5. **Emma Solomon:** Thesis Title: *Understanding changes in the personal, social and environmental impact upon physical activity of the Devon Active Villages programme*. Student registered at University of Exeter. Second supervision from Dr Melvyn Hillsdon. Successful completion (Pass with minor revisions) 19<sup>th</sup> December 2013. The high quality of Emma's work was recognised by her nomination for a University of Exeter Impact Award in December 2013.  
\*Emma is now Lecturer at University of Bath
6. **Jodie Green:** Thesis Title: *The development and validation of a psychological profiling system for elite cricket players*. Student registered at University of Exeter. Second supervision from Dr Kim Peters. Successful completion (Pass with minor revisions) 19<sup>th</sup> December 2013.  
\*Jodie is now Head of Marketing at Chelsea Magazine Company Ltd
7. **Francesca Gwynne:** Thesis Title: *Perceived support, enacted support, and effects upon performance and mediating mechanisms*. Student registered at University of Exeter. Second supervision from Dr Paul Freeman. Successful completion (Pass with minor revisions) 5<sup>th</sup> September, 2014.  
\*Francesca is now Lecturer at Southampton Solent University
8. **Adam Coussens:** Thesis Title: *Determinants of perceived coach support*. Student registered at University of Exeter. First supervision from Dr Paul Freeman. Successful completion (Pass with minor revisions) 8<sup>th</sup> July, 2015.  
\*Adam is now Lecturer at Newcastle University
9. **Mark Stevens:** Thesis Title: *A social identity approach to exercise and physical activity*. Student registered at Bournemouth University. Second supervision from Professor Remco Polman / Dr Emma Kavanagh. MPhil/PhD transfer successful 28<sup>th</sup> February 2017. Successful completion (Pass with minor revisions) 22<sup>nd</sup> November, 2018.

*\*Mark is now Lecturer in Health Psychology at Australian National University*

10. **Darren Britton.** Thesis Title: *Stress reactivity and individual differences in adolescent athletes: Implications for performance and well-being.* First supervision from Dr Emma Kavanagh. MPhil/PhD transfer successful November 2016. Successful completion (Pass with minor revisions) 4<sup>th</sup> October, 2018.

*\*Darren is now Lecturer at Southampton Solent University*

11. **Francesca Dean.** Thesis title: *The diffusion and adoption of sport psychology in elite academy football: Integration and application.* Student registered at Bournemouth University. Second supervision from Dr Amanda Wilding. Commenced 17/9/18.
12. **Aritra Majumdar.** Thesis title: *Injury risk and performance: Towards a better understanding of the complexities and intricacies of load monitoring within an elite football club.* Second supervision from Rashid Bakirov. Commenced 23/9/19.
13. **Claire Hannah-Russell.** Thesis title: *Mental health and movement: Whole school approaches & community engagement.* Student registered at Bournemouth University. First supervision from Dr Daniel Lock. Commenced 01/01/20.

## IMPACT

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My work has featured in all major UK broadsheets, BBC World Service [Sportshour](#) “Nature vs Nurture: Is sporting success down to your DNA, how hard you train or something else?” BBC R4’s [“All in the Mind”](#) “How to bounce back from defeat”, US National Public Radio’s [“Only a Game”](#) “Darts Study Proves The Power of Rivalries”, and the [Canadian Broadcasting Corporation](#) “Early sport specialization doesn't always lead to success”, plus the [BBC](#) “Why suffering setbacks could make you more successful”, [Psychology Today](#) “The Rise and Rapid Reduction of ‘Rowdy’ Ronda Rousey”, and [Huffington Post](#) “Entreprise: jouer sur la rivalité oui, mais pas n'importe comment—Business: Play on rivalries, but not just anyhow” (among numerous online publications). My research has informed and changed practice across all UK Olympic Sports, England Rugby, the England and Wales Cricket Board, and the Lawn Tennis Association.

“[The Great British medalists project](#)” was the most downloaded paper in Sports Medicine of 2016, and now has over 54K downloads, 325 citations (376 via Google scholar), and an Altmetric score of 260, placing it in the 99<sup>th</sup> percentile of all outputs tracked by Altmetric, as well as above 97% of its peers from the same journal, and ranked 2<sup>nd</sup> of similar age articles. The related piece in [The Conversation](#) has over 132K reads.

The REF 2021 **Impact Case Study**, derived from this work, has been rated externally as 4\*. A [Soundcloud podcast](#) (and [web page](#) – in which my work features second in the list) was created by Bournemouth University to showcase this work on [Developing Athletic Talent](#).

I have led a number of research projects, co-created with sporting organizations, across multiple sports, in conjunction with UK and international collaborators, which have highlighted that the key factors involved in producing elite athletes include early developmental experiences; individualised coaching; and social group membership. These insights have changed the working practices of thousands of coaches and athletes across more than 20 sports.


Dr Simon Timson, current City Football Group Director of Performance, and formerly Lawn Tennis Association Performance Director, UK Sport Director of Performance, and England and Wales Cricket Board Head of the England Development Programme, stated that the Great British Medalists Study is “the primary piece of empirical research that underpins talent identification, selection, confirmation, and development strategy in British elite sport today. Performance Directors, National Coaches and sports scientists working for more than 40 National Governing Bodies of Sport and the four home country institutes of sport have consistently used the results and conclusions from this research to inform the design and continuous improvement of the ways in which talent is defined, profiled, evaluated and understood”. Timson further noted that as a result of my research, “leaders and coaches are better equipped to understand non-linear nature of talent development, the management of difficult or maverick behaviour and how to maximise the likelihood of more people turning their raw potential into elite performance”.

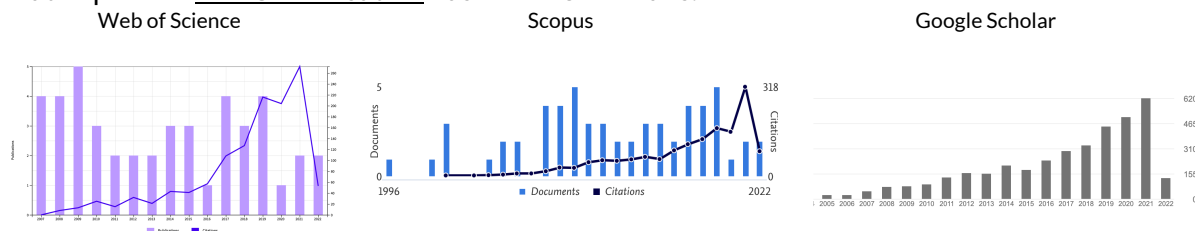
Dr James Bell, former Lead for Psychology: International Performance Department at England Rugby stated “Professor Tim Rees’s research has changed the way we think about the development of elite sporting talent”

Dr Scott Drawer, former UK Sport Head of Research and Innovation, and subsequent England Rugby Athletic Performance Manager, Head of at Team Sky and now Director of Sport at Millfield School stated “The knowledge gained from exposure to Rees’ research remains part of my day-to-day thinking and influences my practice in the way we support and develop young talent”

Sir Michael Barber, chair of the Office for Students and former Chief Adviser on Delivery to Tony Blair delivered a keynote at the Sport Performance Summit in London in 2016, referencing my research, and subsequently stating that he was “struck by the similarities that I saw between these characteristics and those I had seen in top performers in government.”

## PUBLICATIONS

Google Scholar—H-index: 35; i10 index: 49; 3888 citations; Rees et al. (2016) cited 376 times; Rees & Hardy (2000) cited 348 times; Rees et al. (2015) cited 214 times; Rees & Hardy (2004) cited 187 times; Rees, Hardy, & Ingledew (2005) cited 169 times. Scopus (ID: [7102049101](#) and ORCID (ORCID  number) [0000-0001-5498-0145](#)—H-index: 23; 1569 citations (60 docs). Web of Science/Knowledge—H-index: 19 (based only on 45 articles since 2007). Work featured in all major UK broadsheets, BBC R4's "[All in the Mind](#)", [BBC World Service](#), US National Public Radio's "[Only a Game](#)", and the [Canadian Broadcasting Corporation](#), plus the [BBC](#), [Psychology Today](#), and [Huffington Post](#) (among numerous online publications). The research has informed and changed practice across all UK Olympic Sports, England Rugby, the England and Wales Cricket Board, and the Lawn Tennis Association. The REF 2021 Impact Case Study, derived from this work, has been rated externally as 4\*. "[The Great British medalists project](#)" was the most downloaded paper in Sports Medicine of 2016, now with 54K downloads (now termed "accesses"), 325 citations (376 via Google scholar), and an Altmetric score of 260, placing it in the 99<sup>th</sup> percentile of all outputs tracked by Altmetric, as well as above 97% of its peers from the same journal, and ranked 2<sup>nd</sup> of similar age articles. The related piece in [The Conversation](#) has over 132K reads.



### Refereed Journal Articles

1. Majumdar, A., Bakirov, R., Hodges, D., Scott, S., & Rees, T. (in press—15<sup>th</sup> May 2022). Machine learning for understanding and predicting injuries in soccer. *Sports Medicine - Open*. IF=4.491. [OA Link](#)
  2. Dean, F., Kavanagh, E., Wilding, A., & Rees, T. (2022). An examination of the experiences of practitioners delivering sport psychology services within English premier league soccer academies. *Sports*, 10, 60. <https://doi.org/10.3390/sports10040060> [OA Link](#)
  3. Stevens, M., Rees, T., Cruwys, T., & Olive, L. (2022). Equipping physical activity leaders to facilitate behaviour change: An overview, call to action, and roadmap for future research. *Sports Medicine—Open*, 8(1), 33. IF=4.830. <https://doi.org/10.1186/s40798-022-00423-0> [OA Link](#)
  4. Rees, T., Green, J., Peters, K., Stevens, M., Haslam, S. A., James, W., & Timson, S. (2022). Multiple group memberships promote health and performance following pathway transitions in junior elite cricket. *Psychology of Sport & Exercise*. IF=4.785. <https://doi.org/10.1016/j.psychsport.2022.102159>. [Link](#)
  5. Stevens, M., Rees, T., & Cruwys, T. (2021). Social identity leadership in sport and exercise: Current status and future directions. *Psychology of Sport and Exercise* (55), 101931. IF=4.785. <https://doi.org/10.1016/j.psychsport.2021.101931> [Link](#)
- \*6 citations via Google Scholar
6. Rees, T. & Salvatore, J. (2021). Questioning stereotypes disrupts the effects of stereotype threat. *Sport, Exercise and Performance Psychology*. IF=4.250. <https://doi.org/10.1037/spy0000247> [Link](#)



\*2 citations via Google Scholar

7. Stevens, M., **Rees, T.**, Coffee, P., Steffens, N., Haslam, S. A., & Polman, R. (2020). Leading 'us' to be active: A two-wave test of relationships between identity leadership, group identification, and attendance. *Sport, Exercise, and Performance Psychology*, 9(1), 128–142. <https://doi.org/10.1037/spy0000164>. IF=4.250. [Link](#)

\*24 citations via Google Scholar

8. Stevens, M., **Rees, T.**, Coffee, P., Steffens, N., Haslam, S. A., & Polman, R. (2019). The impact of leader identity entrepreneurship on effort and performance: Evidence from an exercise task. *PLoS ONE*, 14(7): e0218984. <https://doi.org/10.1371/journal.pone.0218984>. IF=3.240. [OALink](#)
9. Steffens, N., Slade, E. L., Stevens, M., Haslam, S. A., & **Rees, T.** (2019). Putting the 'we' into workout: The association of identity leadership with exercise class attendance and effort, and the mediating role of group identification and comfort. *Psychology of Sport and Exercise*. <https://doi.org/10.1016/j.psychsport.2019.101544>. IF=4.785. [Link](#)

\*30 citations via Google Scholar

10. Güllich, A., Hardy, L., Kuncheva, L., Laing, S., Barlow, M., Evans, L., **Rees, T.**, Abernethy, B., Côté, J., Warr, C., & Wraith, L. (2019). Developmental biographies of Olympic super-elite and elite athletes: A multidisciplinary pattern recognition analysis. *Journal of Expertise*, 2(1), 209-232. [Link](#)

\*35 citations via Google Scholar

\*\*\*Rated 4\* for REF2021

11. Rascle, O., Charrier, M., Higgins, N., **Rees, T.**, Coffee, P., Le Foll, D., & Cabagno, G. (2019). Being one of us: Translating expertise into performance benefits following perceived failure. *Psychology of Sport and Exercise*, 43, 105-113. <https://doi.org/10.1016/j.psychsport.2019.01.010>. IF = 4.785 [Link](#)

\*5 citations via Google Scholar

12. Stevens, M., **Rees, T.**, & Polman, R. (2019). Social identification promotes exercise participation and health-related outcomes: Evidence from parkrun. *Journal of Sports Sciences*, 37(2), 221-228. <https://doi.org/10.1080/02640414.2018.1489360>. IF=3.337. [Link](#)

\*50 citations via Google Scholar

13. Green, J., **Rees, T.**, Peters, K., Sarkar, M., & Haslam, S. A. (2018). Resolving not to quit: Evidence that salient group memberships increase resilience in a sensorimotor task. *Frontiers in Psychology*, 9, 2579. <https://doi.org/10.3389/fpsyg.2018.02579>. IF=2.990. [OALink](#)

\*10 citations via Google Scholar

14. Arnold, R., Edwards, T., & **Rees, T.** (2018). Organizational stressors, social support, and performance in high-level sport. *Psychology of Sport and Exercise*, 39, 204-212. <https://doi.org/10.1016/j.psychsport.2018.08.010>. IF = 4.785. [Link](#)

\*38 citations via Google Scholar

15. Stevens, M., **Rees, T.**, Coffee, P., Steffens, N., Haslam, S. A., & Polman, R. (2018). Leaders promote attendance in sport and exercise sessions by fostering social identity. *Scandinavian Journal of Medicine & Science in Sports*, 28, 2100–2108. <https://doi.org/10.1111/sms.13217>. IF=4.221. [OALink](#)

\*40 citations via Google Scholar

16. Rees, T., Hardy, L., & Woodman, T. (2018). Authors' Reply to Hill: Comment on "The Great British Medalists Project: A review of current knowledge on the development of the world's best sporting talent". *Sports Medicine*, 48, 239-240. <https://doi.org/10.1007/s40279-017-0802-3>. IF=11.140. Altmetric score = 21 (top 25%); 29 social shares. [OALink](#)

\*1 citation via Google Scholar

17. Hardy, L., Barlow, M., Evans, L., Rees, T., Woodman, T., & Warr, C. (2017). Great British medalists: Response to the commentaries. *Progress in Brain Research*, 232, 207-216. <https://doi.org/10.1016/bs.pbr.2017.03.005>. IF = 2.491 [Link](#) \*\*2 citations via Google Scholar

\*3 citations via Google Scholar

18. Hardy, L., Barlow, M., Evans, L., Rees, T., Woodman, T., & Warr, C. (2017). Great British medalists: Psychosocial biographies of super-elite and elite athletes from Olympic sports. *Progress in Brain Research*, 232, 1-119. <https://doi.org/10.1016/bs.pbr.2017.03.004>. IF = 2.491 Altmetric score = 10 (top 25%); 16 social shares. [Link](#)

\*138 citations via Google Scholar

\*\*Project on which this paper is based nominated for Times Higher Education "Research Project of the Year" 2016.

\*\*\*Rated 4\* for REF2021

19. Stevens, M., Rees, T., Coffee, P., Steffens, N., Haslam, S. A., & Polman, R. (2017). A social identity approach to understanding and promoting physical activity. *Sports Medicine*, 47(10), 1911-1918. <https://doi.org/10.1007/s40279-017-0720-4>. IF=11.140. 5.5K downloads. 44 social media shares. Altmetric score = 27 (top 5%). \*\*18 citations via Google Scholar. [OALink](#)

\*75 citations via Google Scholar; 10 citations via SM

20. Moll, T., Rees, T., Freeman, P. (2017). Enacted support and golf-putting performance: The role of support type and support visibility. *Psychology of Sport and Exercise*, 30, 30-37. <https://doi.org/10.1016/j.psychsport.2017.01.007> [Link](#) IF = 2.710. Altmetric score = 6 (top 25%).

\*14 citations via Google Scholar

21. Rees, T., Hardy, L., Güllich, A., Abernethy, B., Côté J., Woodman, T., Montgomery, H., Laing, S., & Warr, C. (2016). The Great British medalists project: A review of current knowledge into the development of the world's best sporting talent. *Sports Medicine*, 46(8), 1041-1058. <https://doi.org/10.1007/s40279-016-0476-2> [OALink](#) Q1 journal—impact factor=11.140; RCR 8.04; Altmetric score = 261 (top 5%). 391 social media shares.

\*365 citations via Google Scholar; 311 citations via SM

\*\* Most downloaded Sports Medicine article of 2016 (53K downloads); top-5 most downloaded article of 2017

22. Rees, T., Haslam, A., Coffee, P., & Lavallee, D. (2015). A social identity approach to sport psychology: Principles, practice, and prospects. *Sports Medicine*, 45(8), 1083-96. <https://doi.org/10.1007/s40279-015-0345-4> [Link](#) IF=7.583 Altmetric score = 21 (top 5%). Cited 99 times. 10K downloads. 35 social media shares.

\*203 citations via Google Scholar; 79 citations via SM

23. Coussens, A., Rees, T., & Freeman, P. (2015). Uniquely supportive coaches: Two multivariate generalizability studies of the determinants of perceived coach support. *Journal of Sport & Exercise Psychology*, 37, 51-62. <https://doi.org/10.1123/jsep.2014-0087>. [Link](#) IF = 3.016.

\*18 citations via Google Scholar

\*\*\*Rated 3.5\* for REF2021

24. Rasclé, O., Charrier, M., Lefoll, D., Higgins, N., Rees, T., & Coffee, P. (2015). Durability and generalization of attribution-based feedback following failure: Effects on expectations and behavioral persistence. *Psychology of Sport and Exercise*, 18, 68-74. <https://doi.org/10.1016/j.psychsport.2015.01.003>. [Link](#) IF = 2.710. Altmetric score = 2

\*23 citations via Google Scholar

25. Freeman, P., Coffee, P., Moll, T., Rees, T., & Sammy, N. (2014). The ARSQ: The Athletes' Received Support Questionnaire. *Journal of Sport & Exercise Psychology*, 36(2), 189-202. <https://doi.org/10.1123/jsep.2013-0080>. [Link](#) IF = 2.434.

\*53 citations via Google Scholar

\*\*\*Rated 4\* for REF2021

26. Mitchell, I., Evans, L., Rees, T., & Hardy, L. (2014). Stressors, social support and the buffering hypothesis: Effects on psychological responses of injured athletes. *British Journal of Health Psychology*, 19(3), 486-508. IF = 3.311. <https://doi.org/10.1111/bjhp.12046>. [Link](#) Altmetric score = 7 (top 25%)

\*99 citations via Google Scholar

27. Solomon, E., Rees, T., Ukoumunne, O., Metcalf, B., & Hillsdon, M. (2014). The Devon Active Villages Evaluation (DAVE) trial of a community-level physical activity intervention in rural south-west England: A stepped wedge cluster randomised controlled trial. *International Journal of Behavioral Nutrition and Physical Activity*, 11:94. <https://doi.org/10.1186/s12966-014-0094-z>. [OA Link](#) IF = 6.457. Accessed 3285 times on IJBNPA. Altmetric score = 5 (top 25%)

\*27 citations via Google Scholar

\*\*\*Rated 4\* for REF2021

28. Rees, T., Salvatore, J., Coffee, P., Haslam, S. A., Sargent, A., & Dobson, T. (2013). Reversing downward performance spirals. *Journal of Experimental Social Psychology*, 49, 400-403. <https://doi.org/10.1016/J.Jesp.2012.12.013>. [Link](#) IF = 3.603. Altmetric score = 4 (top 25%).

\*26 citations via Google Scholar

29. Solomon, E., Rees, T., Ukoumunne, O., Metcalf, B., & Hillsdon, M. (2013). Personal, social, and environmental correlates of physical activity in adults living in rural south-west England: A cross-sectional analysis. *International Journal of Behavioral Nutrition and Physical Activity*, 10:129, 1-15. <https://doi.org/10.1186/1479-5868-10-129>. [OA Link](#) IF = 6.037

\*49 citations via Google Scholar

30. Rees, T., Freeman, P., Bell, S., & Bunney, R. (2012). Three generalizability studies of the components of perceived coach support. *Journal of Sport & Exercise Psychology*, 34, 238-251. <https://doi.org/10.1123/jsep.34.2.238> IF = 2.434. [Link](#)

\*31 citations via Google Scholar

31. Solomon, E., **Rees, T.**, Ukoumunne, O., & Hillsdon, M. (2012). The Devon Active Villages Evaluation (DAVE) trial: Study protocol of a stepped wedge cluster randomised trial of a community-level physical activity intervention in rural southwest England. *BMC Public Health*, 12:581. <https://doi.org/10.1186/1471-2458-12-581>. [OA Link](#) IF = 3.295

\*27 citations via Google Scholar

32. Coffee, P., & **Rees, T.** (2011). When the chips are down: Effects of attributional feedback on self-efficacy and task performance following initial and repeated failure. *Journal of Sports Sciences*, 29, 235-245. <https://doi.org/10.1080/02640414.2010.531752>. [Link](#) IF = 2.811

\*45 citations via Google Scholar

33. Freeman, P., Coffee, P., & **Rees, T.** (2011). The PASS-Q: The Perceived Available Support in Sport Questionnaire. *Journal of Sport & Exercise Psychology*, 33, 54-74. IF = 2.434. <https://doi.org/10.1123/jsep.33.1.54> [Link](#)

\*115 citations via Google Scholar

34. **Rees, T.**, & Freeman, P. (2010). Social support and performance in a golf-putting experiment. *The Sport Psychologist*, 18, 333-348. IF = 1.453 <https://doi.org/10.1123/tsp.24.3.333> [Link](#)

\*36 citations via Google Scholar

35. **Rees, T.**, Mitchell, I., Evans, L., & Hardy, L. (2010). Stressors, social support and psychological responses to sport injury in high and low-performance standard participants. *Psychology of Sport and Exercise*, 11, 505-512. IF = 2.710 <https://doi.org/10.1016/J.Psychsport.2010.07.002> [Link](#)

\*132 citations via Google Scholar

36. Freeman, P., & **Rees, T.** (2010). Social support from teammates: Direct and stress-buffering effects on self-confidence. *European Journal of Sports Sciences*, 10, 59-67. IF=2.781. <https://doi.org/10.1080/17461390903049998> [Link](#)

\*115 citations via Google Scholar

37. Coffee, P., **Rees, T.**, & Haslam, S. A. (2009). Bouncing back from failure: The interactive impact of perceived controllability and stability on self-efficacy beliefs and future task performance. *Journal of Sports Sciences*, 27, 1117-1124. <https://doi.org/10.1080/02640410903030297> [Link](#)

\*64 citations via Google Scholar

38. Coffee, P., & **Rees, T.** (2009). The Main and Interactive Effects of Immediate and Reflective Attributions upon Subsequent Self-Efficacy. *European Journal of Sports Sciences*, 9, 41-52. IF=2.376. <https://doi.org/10.1080/17461390802594227> [Link](#)

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39. Freeman, P., & **Rees, T.** (2009). How does perceived support lead to better performance? An examination of potential mechanisms. *Journal of Applied Sport Psychology*, 21, 429-441. IF=3.585. <https://doi.org/10.1080/10413200903222913> [Link](#)

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40. Freeman, P., **Rees**, T., & Hardy, L. (2009). An intervention to increase social support and improve performance. *Journal of Applied Sport Psychology*, 21, 186-200. IF=2.203. <https://doi.org/10.1080/10413200902785829> [Link](#)  
\*61 citations via Google Scholar
41. **Rees**, T., & Freeman, P. (2009). Social support moderates the relationship between stressors and task performance through self-efficacy. *Journal of Social and Clinical Psychology*, 28, 245-264. IF=1.946. <https://doi.org/10.1521/jscp.2009.28.2.244> [Link](#)  
\*117 citations via Google Scholar
42. Freeman, P., & **Rees**, T. (2008). The effects of perceived and received support on objective performance outcome. *European Journal of Sport Sciences*, 8, 359-368. IF=4.050. <https://doi.org/10.1080/17461390802261439> [Link](#)  
\*64 citations via Google Scholar
43. Coffee, P., & **Rees**, T. (2008). The CSGU: A Measure of Controllability, Stability, Globality, and Universality Attributions. *Journal of Sport & Exercise Psychology*, 30, 611-641. IF=2.434. <https://doi.org/10.1123/jsep.30.5.611> [Link](#)  
\*37 citations via Google Scholar
44. Coffee, P., & **Rees**, T. (2008). The main and interactive effects of attribution dimensions upon efficacy expectations in sport. *Psychology of Sport and Exercise*, 9, 775-785. IF=2.710. <https://doi.org/10.1016/J.Psychsport.2007.12.002> [Link](#)  
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45. Evans, L., Hardy, L., Mitchell, I., & **Rees**, T. (2008). The development of a measure of psychological responses to sport injury. *Journal of Sport Rehabilitation*, 16, 21-37. IF=1.931. <https://doi.org/10.1123/jsr.17.1.21> [Link](#)  
\*43 citations via Google Scholar
46. **Rees**, T., & Freeman, P. (2007). The differential impact of perceived and received support upon confidence. *Journal of Sports Sciences*, 25, 1057-1065. <https://doi.org/10.1080/02640410600982279> [Link](#)  
\*130 citations via Google Scholar
47. **Rees**, T. (2007). Main and interactive effects of attribution dimensions upon efficacy expectations in sport. *Journal of Sports Sciences*, 25, 473-480. <https://doi.org/10.1080/02640410600703063> [Link](#)  
\*18 citations via Google Scholar
48. **Rees**, T., Hardy, L., & Evans, L. (2007). Construct validity of the Social Support Survey in Sport. *Psychology of Sport and Exercise*, 8, 355-368. <https://doi.org/10.1016/J.Psychsport.2006.06.005> [Link](#)  
\*46 citations via Google Scholar
49. **Rees**, T., Hardy, L., & Freeman, P. (2007). Stressors, social support and effects upon performance in golf. *Journal of Sports Sciences*, 25, 33-42. <https://doi.org/10.1080/02640410600702974> [Link](#)  
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50. **Rees**, T., Ingledew, D. K., & Hardy, L. (2005). Attribution in sport psychology: Seeking congruence between theory, research and practice. *Psychology of Sport and Exercise*, 6, 189-204. <https://doi.org/10.1016/J.Psychsport.2003.10.008> [Link](#)

\*167 citations via Google Scholar

51. Rees, T., Ingledew, D. K., & Hardy, L. (2005). Attribution in sport psychology: Further comments. *Psychology of Sport and Exercise*, 6, 213-214.  
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[https://doi.org/10.1016/S1469-0292\(03\)00018-9](https://doi.org/10.1016/S1469-0292(03)00018-9) [Link](#)

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53. Rees, T., Smith, B., & Sparkes, A. (2003). The influence of social support on the lived experiences of spinal cord injured sportsmen. *The Sport Psychologist*, 17, 135-156.  
<https://doi.org/10.1123/tsp.17.2.135> [Link](#)

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54. Rees, T., & Hardy, L. (2000). An examination of the social support experiences of high-level sports performers. *The Sport Psychologist*, 14, 327-347.  
<https://doi.org/10.1123/tsp.14.4.327> [Link](#)

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55. Rees, T., Hardy, L., & Ingledew, D. K. (2000). Performance assessment in sport: Formulation, justification and confirmatory factor analysis of a measurement instrument for tennis performance. *Journal of Applied Sport Psychology*, 12, 203-218.  
<https://doi.org/10.1080/10413200008404223> [Link](#)

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56. Rees, T., Hardy, L., Ingledew, D. K., & Evans, L. (2000). Examination of the validity of the Social Support Survey using confirmatory factor analysis. *Research Quarterly for Exercise and Sport*, 71, 322-330. IF=2.500.  
<https://doi.org/10.1080/02701367.2000.10608915> [Link](#)

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57. Rees, T., Ingledew, D. K., & Hardy, L. (1999). Social support dimensions and components of performance in tennis. *Journal of Sports Sciences*, 17, 421-429.  
<https://doi.org/10.1080/026404199365948> [Link](#)

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## Book Chapters

58. Stevens, M., Cruwys, T., Rees, T., Haslam, S. A., Boen, F., & Fransen, K. (2020) Physical activity. In SA Haslam, K Fransen, & F Boen (Eds.). *The new psychology of sport and exercise: The social identity approach*. Sage.
59. Hartley, C., Haslam, S. A., Rees, T., & Coffee, P. (2020) Social support. In SA Haslam, K Fransen, & F Boen (Eds.). *The new psychology of sport and exercise: The social identity approach*. Sage.
60. Valeeva, E. V., Ahmetov, I. I., Rees, T. (2019). Psychogenetics and sport. In D. Barh & I. I. Ahmetov, *Sports, Exercise, and Nutritional Genomics* (pp. 147-165). Amsterdam: Elsevier.
61. Rees, T. (2016). Social support in sport psychology. In R. J. Schinke, K. R. McGannon, & B. Smith, *Routledge international handbook of sport psychology* (pp. 505-515). London: Routledge.

62. Rees, T. (2014). Support Group. In R. C. Eklund, & G. Tenenbaum, *Encyclopedia of Sport and Exercise Psychology* (pp. 727-729). Thousand Oaks, CA: SAGE.
63. Rees, T. & Freeman, P. (2011). Coping in sport through social support. In J. Thatcher, M. Jones, & D. Lavallee, *Coping and Emotion in Sport* (2nd ed., pp. 102-117). New York: Routledge.
64. Rees, T. (2007). Influence of social support on athletes. In S. Jowett & D. Lavallee, *Social psychology in sport* (pp. 223-231). Champaign, IL: Human Kinetics.

#### Manuscripts under review (currently 5 under review)

65. Parkinson, E. P., Immins, T., Docherty, S., Goodwin, E., Hawton, A., Low, M., Middleton, R. G., Rees, T., Thomas, P. W., & Wainwright, T. W. (revise and resubmit— resubmitted 10<sup>th</sup> October 2021). CyclIng and EducATion (CLEAT): Protocol for a single centre randomised controlled trial of a cycling and education intervention for the treatment of hip osteoarthritis. *BMJ Open*. IF = 2.692. (MS no. bmjopen-2021-052716)
66. Majumdar, A., Bakirov, R., Hodges, D., Scott, S., & Rees, T. (revise and resubmit status— resubmitted 7<sup>th</sup> Feb 2022). Machine learning for understanding and predicting injuries in soccer. *Sports Medicine Open*. IF=4.491. (MS no. SMOA-D-21-00251).
67. Dean, F., Wilding, A., Kavanagh, E., & Rees, T. (under review— January 2022). Sport psychology support for academy footballers in England. *Sports* (Special Issue submission).

#### Manuscripts in preparation (in order of working on papers)

68. Rees, T., Barlow, M., Hardy, L., Evans, L., Woodman, T., & Warr, C. (rejected-to resubmit—February 2022). Career experiences of support from coaches: A comparison between elite and super-elite athletes. *Psychology of Sport and Exercise* (IF=4.250) or *Journal of Applied Sport Psychology* or ??? *Sports Medicine*??? Or *British Journal of Sports Medicine* or ??? (projected journal).. (MS no. SPY-2021-1377).
69. Freeman, P., & Rees, T. (to be submitted—March 2022). Coach, athlete, and relational influences on development athletes' attitudes, intentions, and willingness to dope. *Sport, Exercise and Performance Psychology* (projected journal). IF=4.250.
70. Hibbert, J., Miles, L., Kavanagh, E., & Rees, T. (to be submitted April 2022). The pathway to successful and effective disaster management: personal journeys of extraordinary performers. *Journal of Contingencies and Crisis Management* (projected journal). IF = 4.391.
71. Majumdar, A., Bakirov, R., Hodges, D., Scott, S., & Rees, T. (in preparation—submission mid-2022). The relationship between training load and injury in Premier League Football: A machine learning study with 6 seasons' data. *European Journal of Sports Science*. IF=4.000.
72. Coussens, A., Rees, T., Morse, D., & Freeman, P. (to be submitted—2021????). Trait and social influences in social support and their correlates: An examination of support networks.
73. Gwynne, F., Rees, T., K., Hodgson, T., & Freeman, P. (to be submitted—2021????). The effect of experimentally provided support on neurocognitive mechanisms of performers low in perceived support. *Neuropsychology*. IF 3.27 or *NeuroImage* IF 6.36 (projected journal)
74. Heaton, I. R., Hall, E. E., Ahmed, O. H., Rees, T., & Ketcham, C. J. (to be submitted— 2020-21). Examination of the availability and effectiveness of social support systems following a concussion in collegiate student-athletes and dancers. ??? REMOVE

75. Moll, T., **Rees**, T., Freeman, P. (to be submitted—2021??). Don't encourage them! Informational support trumps esteem support in a penalty-taking task. *Psychological Science* (projected journal). ~~LOW-level journal??~~
76. Freeman, P., **Rees**, T., Gwynne, F., & Coussens, A. (to be submitted—2021?????). Three multivariate generalizability studies of the determinants of perceived coach support, and the impact of support on self-efficacy, emotions, and performance. *Leadership Quarterly* (projected journal). IF 3.78
77. Dean, F., Wilding, A., Kavanagh, E., & **Rees**, T. (to be submitted—early 2022). Sport psychology support for throughout a soccer academy in England. *Journal of Applied Sport Psychology* (projected journal).

### White Papers

78. Freeman, P., & **Rees**, T. (2017). *Coach, athlete, and relational influences on development athletes' attitudes, intentions, and willingness to dope*. Final report for the IOC Olympic Studies Centre Advanced Olympic Research Grant Programme 2016/2017 Award. Commissioned by the IOC as part of \$10,800 grant. [Report Link](#)
79. **Rees**, T., Hardy, L., Abernethy, B., Güllich, A., Côté J., Woodman, T., Montgomery, H., Laing, S., & Warr, C. (2013). *Talent identification and development*. A White Paper. Commissioned by UK Sport as part of £100K grant.
80. Hardy, L., Barlow, M., Kuncheva, L., Evans, L., **Rees**, T., Woodman, T., Abernethy, B., Güllich, A., Côté, J., Laing, S., Warr, C., Jackson, A., Wraith, L., & Kavanagh, J. (submitted 12<sup>th</sup> June 2013 to UK Sport). *A comparison of the biographies of GB serial medal and non-medalling Olympic athletes*. Commissioned by UK Sport as part of £100K grant.

### Refereed Academic Journal Abstracts

81. **Rees**, T., Mitchell, I., Evans, L., & Hardy, L. (2004). Social support and psychological response to injury. *Psychology and Health*, 19 (suppl. 1), 144.
82. **Rees**, T., Hardy, L., & Evans, L. (1998). Confirmatory factor analysis of the Social Support Survey. *Journal of Applied Sport Psychology*, 10, 163-164.
83. **Rees**, T., Ingledew, D. K., & Hardy, L. (1996). Dimensions of performance and differential effects of hassles, support and perceived control. *Journal of Sports Sciences*, 14, 43-44.

### Other Publications

84. **Rees**, T., & Salvatore, J. (2021). England players suffer from stereotype they can't win penalty shootouts, research suggests. *The Conversation*. [Link](#).
85. **Rees**, T. (2017). Busting three myths around elite sports performance. *The Conversation*. [Link](#).
86. **Rees**, T. (2010). Performing under pressure in sport. *The Sport and Exercise Scientist*, 24, Summer 2010, p. 29.
87. **Rees**, T., & Smith, B. (2003). Sport and well-being: dealing with adversity. *BASES World*, December, 10-11.

### Newspaper Links (some examples – directly linked to my research)

88. The Express 11<sup>th</sup> July 2021. England vs Italy: Negative stereotypes can affect England's performance, researchers warn. [Link](#) - Based on Rees & Salvatore (2021)



89. The Daily Mail 21<sup>st</sup> February 2013. Jeering at footballers encourages them to play better... but criticism from teammates makes their performance worse. [Link](#) - Based on Rees et al. (2013).

## EXTERNAL RECOGNITION

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### Invited Keynote – Dorset coaches = Canford School

1. Rees, T. (May 2020). AFC Business Hub. *Nature, nurture, and beyond. What underpins exceptional sporting performance.*
2. Rees, T. (March 2019). SURE.
3. Rees, T. (March 2018). *Exceptional sporting performance. Nature, nurture, and beyond.* Festival of Science, AFC Bournemouth.
4. Rees, T. (November 2017). *Nature, nurture, and beyond. What underpins exceptional sporting performance.* Professorial Inaugural Lecture, AFC Bournemouth.
5. Rees, T. (July 2017). *Social identity in sport: Future directions.* Keynote at the International Conference on Social identity in Sport, Leuven, Belgium.
6. Rees, T. (July 2017). *A Social Identity Approach to Leadership.* International Council for Coaching Excellence (ICCE) Global Coach Conference, Liverpool.
7. Rees, T. (November 2014). *The role of social support in sport.* Keynote at the Northeast Asia Conference on Kinesiology, Taoyuan, Taiwan.

### Invited Conference Presentations

8. Rees, T., Moll, T., & Freeman, P. (2015). *What makes Support Effective? The Role of Support Content and Support Visibility.* Presentation at the 2015 Division of Sport and Exercise Psychology Conference, Manchester, UK.
9. Rees, T., Salvatore, J., Coffee, P., Haslam, S. A., Sargent, A., & Dobson, T. (2013). *Reversing downward performance spirals.* Presentation at the 2013 Division of Sport and Exercise Psychology Conference, Manchester, UK.
10. Rees, T., Salvatore, J., Coffee, P., & Haslam, S. A. (2011). *The ingroup as a resource for improving identity-threatened performance.* Presentation at the 2011 European Association of Social Psychology Challenging Stereotypes Conference, Lisbon, Portugal.
11. Rees, T., Coffee, P., Salvatore, J., & Haslam, S. A. (2011). *What determines performers' responses to attribution feedback about failure? The importance of the ingroup-outgroup status of the feedback source.* Invited Symposium at the 14<sup>th</sup> International Congress of ACAPS, Rennes, France.
12. Rees, T. (2009). *Stress, social support, and performance.* Presented at the European Congress of Sports Science Annual Conference, Oslo.
13. Rees, T. (2008). *Attributions, expectations, and performance in sport.* Presented at the British Psychological Society Annual Conference, Dublin.
14. Rees, T. (2007). *Stressors, social support, and performance.* Presented at the British Psychological Society Annual Conference, York.

### Co-Authored Invited Conference Presentations

15. Stevens. ICSIS

16. Coffee, P., & Rees, T. (2011). *When the chips are down: effects of attribution feedback on self-efficacy and task performance following initial and repeated failure*. Invited Symposium at 14<sup>th</sup> International Congress of ACAPS, Rennes, France.
17. Coffee, P., & Rees, T. (2010). *Attributions in sport psychology*. Invited Award Presentation at the 2010 Division of Sport & Exercise Psychology Conference, London, UK (DSEP Book of Abstracts, p. 23-24).
18. Coffee, P., & Rees, T. (2010). *Attributions: Measurement, effects upon self-efficacy and performance, and future directions*. Presented at the 2010 Annual Conference of The British Psychological Society, Stratford-upon-Avon, UK (BPS Book of Abstracts, p. 115).

#### **Invited University Presentations**

19. Rees, T. (2006). *The influence of social support on athletes*. Presented at the University of Loughborough.
20. Rees, T. (2003). *Social support and performance in sport*. Presented to the School of Psychology, University of Exeter.

## TEACHING

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Institution/Dates	Position(s)	Teaching/Supervision Responsibilities
Bournemouth University 2015-	Professor	<ol style="list-style-type: none"> <li>Supervision of BSc research dissertations</li> <li>Supervision of PhD students</li> <li>Undergraduate and postgraduate teaching <ul style="list-style-type: none"> <li><i>Currently teaching:</i> <ul style="list-style-type: none"> <li>BSc Intro to Sport &amp; Exercise Psychology [Level 4]</li> <li>BSc Psychology of Human Performance [Level 5]</li> <li>BSc Psychology of Exercise [Level 5]</li> <li>BSc Sport Coaching [Level 6]</li> </ul> </li> <li><i>Previously taught</i> <ul style="list-style-type: none"> <li>BSc Sport Development [MSc Level]</li> <li>MSc Sport Management [MSc Level]</li> </ul> </li> </ul> </li> </ol>
University of Exeter 2000 to 2015	Lecturer A/B + Senior Lecturer	<ol style="list-style-type: none"> <li>Undergraduate and postgraduate teaching <ul style="list-style-type: none"> <li>BSc Sport &amp; Exercise Psychology [Level 1]</li> <li>BSc Quantitative Research [Level 2]</li> <li>BSc Sport Psychology [Level 3]</li> <li>MSc Quantitative Research [MSc Level]</li> <li>MSc Applied Sport &amp; Exercise Psychology [MSc Level]</li> <li>BSc Current Issues in Human Development [Level 3]</li> <li>BSc Exercise and Sport Psychology [Level 2]</li> <li>BSc Sport &amp; Exercise Psychosociology [Level 1]</li> <li>BSc Introduction to Statistics [Level 1]</li> <li>BSc Psychology of Sports Performance [Level 2]</li> </ul> </li> <li>Supervision of BSc and MSc research dissertations</li> <li>Supervision of PhD students</li> </ol>
Bangor University 1995 to 1999	PhD Student	<ol style="list-style-type: none"> <li>Research Skills and Statistics [Level 1]</li> <li>Computing Skills [Level 1]</li> <li>Basic Psychological Skills [Level 1]</li> <li>Sport Psychology [Level 2]</li> <li>Social Psychology of Sport [Level 3]</li> <li>Stress and Performance [Level 3]</li> <li>Epidemiology [Level 3]</li> <li>Skills courses in tennis and indoor hockey</li> <li>Undergraduate dissertation supervision</li> </ol>

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## EDITORIAL AND REVIEWING POSITIONS

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### Journal Editorial Activities

1. 2011-2015: Editorial Board - *Psychology of Sport and Exercise*.
2. 2007 -: Editorial Board - *Sport and Exercise Psychology Review*.
3. 2006 - 2009: Digest Panel Member – *Journal of Sport & Exercise Psychology*.

### Journal Review Duties

Regular reviewer for the following peer-reviewed journals:

1. *International Journal of Sport Psychology*
  2. *International Review of Sport and Exercise Psychology*
  3. *Journal of Applied Social Psychology*
  4. *Journal of Applied Sport Psychology*
  5. *Journal of Sport & Exercise Psychology*
  6. *Journal of Sports Sciences*
  7. *Psychology of Sport & Exercise*
  8. *The Sport Psychologist*
  9. *PLOS One*
  10. *International Journal of Sport and Health Science*
  11. *Sport, Exercise, and Performance Psychology*
  12. *European Journal of Sport Science*
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## RESEARCH EXAMINING

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### External Examiner Responsibilities

1. **2008:** External examiner for PhD candidate Mark Allen at Staffordshire University
2. **2016:** External examiner for PhD candidate William Thomas at Sussex University

### Internal Examiner Responsibilities

3. **2018:** PhD Emma Mosely
4. **2015:** PhD Don Lee
5. **2015:** PhD Izzy Moore
6. **2014:** PhD Chelsea Starbuck
7. **2014:** PhD Lee Moore
8. **2014:** PhD Richard Pulsford
9. **2013:** PhD Charlotte Benjamin
10. **2010:** PhD Melfy Eddosary
11. **2001:** PhD Liz Partington.
12. **2000:** PhD Sophia Jowett.
13. Examiner for various MPhil/PhD conversions

## ADMINISTRATION

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Institution/Dates	Position(s)	Responsibilities/Subject Areas Managed & Delivered
Bournemouth University 2015-	Professor	<ol style="list-style-type: none"> <li>1. University Board Member 2018 onwards</li> <li>2. Professoriate Member of Senate 2017 onwards</li> <li>3. Chair, University Impact Sub-committee 2017-2019</li> <li>4. REF Lead for UoA 24c for sport 2016 onwards</li> <li>5. Impact Champion for UoA 24c for sport 2016 onwards</li> <li>6. Deputy Director, Centre for Sport &amp; Physical Activity Research (SPARC) 2015 onwards</li> </ol>
University of Exeter January 2000 - 2015	Lecturer A/B and Senior Lecturer	<ol style="list-style-type: none"> <li>1. Director of Postgraduate Studies 2012 to 2015 (formerly MSc Programme Leader 2001-2010 - Established the MSc single-handedly through all stages of conception and development.</li> <li>2. Reconstruction of BSc/MSc sport psychology</li> <li>3. Reconstruction of BSc/MSc research methods</li> <li>4. Management of BSc/MSc sport psychology</li> <li>5. Management of BSc/MSc research methods</li> <li>6. QAA 2001 Leader Student Support &amp; Guidance (grade 4/4)</li> <li>7. School Disability Officer, 2001-2002.</li> <li>8. 2000-2003 year group cohort leader.</li> <li>9. Chair - MSc Programme Committee.</li> <li>10. Member - School Committee for Learning and Teaching.</li> <li>11. Member - School Committee for Consultancy and Services.</li> <li>12. Member - Postgraduate Student-Staff Liaison Committee.</li> </ol>

		13. Panel – 2009 university-wide workshop on doctoral supervision. 14. Discipline Lead for Technology Enhanced Learning
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## CONSULTANCY

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In addition to my research and teaching profile, I have been actively engaged in the application of my work. I have been a British Association of Sport and Exercise Sciences Accredited Sport and Exercise Scientist since 1999, and in 2010 gained recognition with the British Psychological Society as a Chartered Psychologist. I am also a Fellow of the British Psychological Society, and have licenced accreditation to use the 16pf personality test, as well as the suite of personality and 360 instruments from ASSESS.

I have been appointed as a consultant psychologist to various individuals and teams, including:

- Motor racing (FIAWEC Pro Ford Chip Ganassi Driver; LMP2 Le Mans 2014 Winner; Formula Renault Graduate Cup champion).
- Equestrianism (UK U21 Dressage champion).
- High-board diving (UK number 1 ranked junior).
- Ice skating (British senior ice dance champions).
- Canoe slalom (British junior canoe slalom squad).

In addition to these external appointments I have offered my services to a number of University teams, such as rugby (BUSA winners, 2001), hockey (BUSA winners, 2007), golf (BUSA winners, 2004), and football (BUSA semi-finalists, 2002).

### Media

My work has been represented in all major UK broadsheets and on national radio and television. For example, in 2011 my work on attributions was the feature of a full segment on BBC Radio 4's flagship psychology programme "[All in the Mind](#)". My 2013 work on performance spirals was the feature for US National Public Radio's "[Only a Game](#)", and the [Canadian Broadcasting Corporation](#), plus [Psychology Today](#) and [Huffington Post](#) (among numerous online publications) have all detailed my research. All this work has also informed and changed practice across all UK Olympic Sports, as well as England Rugby, and the England and Wales Cricket Board.

## PROFESSIONAL TRAINING SUPERVISION

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### Three Year BASES Supervised Experience and Accreditation System for Professional Training of Sport Psychologists

1. **Paul Freeman:** I provided training supervision through three years of BASES Supervised Experience, leading to Paul's award of BASES accreditation.
2. **Peter Coffee:** I provided training supervision through three years of BASES Supervised Experience, leading to Peter's award of BASES accreditation.
3. **Tjerk Moll:** I provided training supervision through the BASES Supervised Experience scheme.
4. **Jodie Green:** I provided training supervision through the BASES Supervised Experience scheme.
5. **Francesca Gwynne:** I provided training supervision through the BASES Supervised Experience scheme.

## NATIONAL COMMITTEE APPOINTMENTS

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1. 1996 to 2005: British Olympic Association - Psychology Advisory Group Invitee.



## REFEREED ABSTRACTS / CONFERENCE COMMUNICATIONS

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Rees, T. (July 2019). Multiple social identities, identity compatibility, and adjustment to program transitions in cricket academies. International Conference on Social identity in Sport, Stirling.

Stevens, M., Rees, T., Coffee, P., Steffens, N. K., Haslam, S. A., Polman, R. (2019). Promoting physical activity participation through social identity leadership: Evidence from two empirical studies. Presented at the Society of Australasian Social Psychologists. Sydney, Australia.

Arnold, R., Edwards, T., & Rees, T. (2017). The direct and organisational stress moderating effects of perceived social support on athletic performance in elite sport. Presented at the British Association of Sport and Exercise Sciences Annual Conference, Nottingham.

Freeman, P., Fu, D., Madigan, D., & Rees, T. (2017). Coach, athlete, and relational influences on development athletes' attitudes, intentions, and willingness to dope. Presented at the British Association of Sport and Exercise Sciences Annual Conference, Nottingham.

Coussens, A., Rees, T., & Freeman, P. (2015). Trait and social influences in the relationship between social support, self-confidence, and performance. Presented at the British Psychological Society Annual Conference, Liverpool.

Rees, T., Haslam, S. A., Salvatore, J., Coffee, P., Green, J., & Peters, K. (2014). *Social identity, group memberships, and performance in sport*. Presentation at the 2014 Conference of the European Association of Social Psychology, Amsterdam.

Salvatore, J., & Rees, T. (2012). Directly challenging stereotype validity: A successful intervention for athletes under threat. Presented at the 24<sup>th</sup> Annual Convention of the Association for Psychological Science, Chicago, IL, USA.

Gwynne, F., Rees, T., & Freeman, P. (2012). Multivariate generalizability analysis of perceived support in the coach-athlete relationship. AAASP.

Coffee, P., & Rees, T. (2012). Resiliency in the face of adversity: Interactions of attributions upon self-efficacy and performance. Presented at the 2012 Annual Conference of The British Psychological Society, London, UK (BPS Book of Abstracts, p. 96).

Salvatore, J., & Rees, T. (2011). Directly challenging stereotype validity: A successful intervention for athletes under threat. Presentation at the 2011 European Association of Social Psychology Challenging Stereotypes Conference, Lisbon, Portugal.

Coffee, P., Rees, T., & Haslam, S. A. (2009). Feedback affects performance when it is provided by an ingroup member. Presented at the 21st Annual Convention of the Association for Psychological Science, San Francisco, USA (APS Book of Abstracts, p. 195).

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