

Tim Rees

Professor of Sport | Chartered Psychologist | Accredited Sport & Exercise Scientist

Higher Education Academy Fellow

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CONTACT INFORMATION

Bournemouth University, Department of Sport & Physical Activity,
Faculty of Management, Talbot Campus, Fern Barrow, Poole, BH12 5BB

EDUCATION

2000: PhD—Sport, Health and Physical Education, Bangor University

2000: Postgraduate Certificate in Teaching in Higher Education—Bangor University

1995: BA (Hons)—Sport, Health and Physical Education, Bangor University

APPOINTMENTS

2015 to present: Full Professor

Bournemouth University—Department of Sport & Physical Activity

2006 to 2015: Senior Lecturer

University of Exeter—Sport & Health Sci., College of Life & Environmental Sci.

2000 to 2006: Lecturer B

University of Exeter—Sport & Health Sci., College of Life & Environmental Sci.

2000 - probation cut after 9 months: Lecturer A

University of Exeter—Sport & Health Sci., College of Life & Environmental Sci.

PROFESSIONAL QUALIFICATIONS

2014-: British Psychological Society Associate Fellow

2013-2015: Science Council Chartered Scientist

2010-: British Psychological Society Chartered Psychologist

2000-: Higher Education Academy Fellow

1999-2023: British Assoc. Sport & Ex. Sciences Accredited Sport & Exercise Scientist

POSITIONS

2018-2020—University Board Member

2017-2020—Professoriate Member of Senate

2017-2019—Chair, University Impact Sub-committee

2016—REF Lead for UoA 24c for sport

2016—Impact Champion for UoA 24c for sport

2015—Deputy Director, Centre for Sport & Physical Activity Research (SPARC)

AWARDS

2010: University of Exeter Dean's Merit Award—Research

2004: University of Exeter Dean's Merit Award—Research

1995-1999: University of Wales scholarship

GRANTS

External

2020: *GrOup-based physical Activity for oLder adults Trial 2.0 (GOAL 2.0)—A group-based social connectedness intervention to support sustained physical activity adherence among older adults.* Canadian Institute of Health Research Can\$100,000 with Beauchamp (UBC), Rhodes (UBC), Mckay (UBC), Liu-Ambrose (UBC), Puterman (UBC), Côté (UBC), Liu (UBC), Hoppman (UBC), Sheel (UBC), Cruwys (ANU). (RED 11799).

2020: *Mental health and movement: Whole school approaches & community engagement.* Stormbreak: £60,600 (w/ Daniel Lock, Bournemouth University). (RED ID 10797)

2019: *Evaluation of the Active Ageing project.* Active Dorset: £37,500 (with Gary Evans, Daniel Lock, Adam Blake, and Andrew Adams, Bournemouth University). (RED ID 10918).

2019: *Injury risk and performance: Towards a better understanding of the complexities and intricacies of load monitoring within an elite football club.* AFC Bournemouth: £93,672 (with Rashid Bakirov, Bournemouth University). (RED ID 11494)

2019: *Movement, physical activity, mental health, and wellbeing in primary schools.* Stormbreak: £130,000 (with Mike Silk, Daniel Lock, Carly Stewart, Amanda Wilding, Bournemouth University; Victoria Randall, University of Winchester; Martin Yelling, Stormbreak).

2018: *The diffusion and adoption of sport psychology in elite academy football: Integration and application.* AFC Bournemouth: £60,600 (with Amanda Wilding, Bournemouth University). (RED ID 11493)

2018: *Performance Analysis in Football: Academy Development.* AFC Bournemouth: £4,200. (with Andrew Callaway, Bournemouth University). (RED ID 11001).

2017: *A pragmatic multi-centred randomised controlled trial with economic evaluation, to compare a cycling and educational programme with usual physiotherapy care in the treatment of hip osteoarthritis: CycLing and EducATion (CLEAT).* National Institute of Health Research: £349,937. (with Wainwright, T., Middleton, R., Thomas, P., Sheppard, Z., Hawton, A., Low, M). (RED ID 9894)

2017: *A programme of coaching and education to improve coaching outcomes in Chinese football.* Federation of University Sports of China (FUSC). £375,040. (with Lu, L.). (RED ID 10151)

2016: *Coach, athlete, and relational influences on development athletes' attitudes, intentions, and willingness to dope.* International Olympic Committee: \$10,800 (c. £8273) (with Paul Freeman). (RED ID 9356).

2015: *Improving talent identification and development in the Rugby Football Union.* Economic and Social Research Council / England Rugby: £10,668.

2010-2013: *Understanding changes in the personal, social and environmental impact upon physical activity of the Devon Active Villages programme.* Economic and Social Research Council (a CASE award, co-funded by Active Devon): £69,000 (with Melvyn Hillsdon, University of Exeter)

2010-2013: *The development and validation of a psychological profiling system for elite cricket players.* Economic and Social Research Council (a CASE award, co-funded by the England and Wales Cricket Board): £69,000 (with Kim Peters, University of Queensland)

2010-2013: *Understanding changes in the personal, social and environmental impact upon physical activity of the Devon Active Villages programme.* PenclaHRC (Peninsula College of Medicine and Dentistry): £5,000 (with Melvyn Hillsdon)

2010-2012: *Understanding GB medal winners.* UKSport: £220,000

2010-2012. *The impact of reattribution upon expectations, emotions, persistence, and performance.* British Council Franco-British Fellowship Alliance: £3800

2008-2011. *The determinants of exercise behaviour in Saudi schoolchildren.* Saudi Government (PhD studentship): £26,000

2009: *BASES Conference Grant.* BASES: £500 (for invited lecture at European Congress of Sport Science, Oslo, Norway).

2003: *The psychology and physiology of impulse shopping.* Barclaycard/Lexis PR: £10,919.28 (with Richard Winsley)

2001: *UKSport Conference Grant.* UKSport: £1000 (conference attendance at 10th World Congress of Sport Psychology, Greece)

Total: £1,593,538

Internal

2016: *CRIS-ELITE: The interface of sport with high-intensity disaster management.* Open Fund, Bournemouth University: £37,230.

2015: *Improving talent identification and development in the Rugby Football Union.* Open Innovation Fund, University of Exeter: £2,084.

2014: *Outward Mobility Academic Fellowship.* University of Exeter: £2,765

2011: *Business Voucher.* University of Exeter: £3000

2009-2011: *Link Funds.* University of Exeter: £2320

Total: £47,399

Grand Combined Total: £1,640,937

POSTGRADUATE SUPERVISION

Doctor of Philosophy

1. **Paul Freeman:** Thesis Title: *Psychosocial determinants of performance*. Successful completion (Category A pass with no revisions), 17th May, 2006. The high quality of Paul's work was recognised by winning the best overall poster prize at the BASES conference in 2002.
*Paul is now Senior Lecturer at University of Essex
2. **Peter Coffee:** Thesis Title: *Main and interactive effects of attributions upon self-efficacy and performance in sport*. Successful completion (Category A pass with no revisions) 9th June, 2008. The high quality of Peter's work was recognised by his gaining 4th place in the ECSS 2008 Young Investigators' Award (out of 300 entrants world-wide across all sub-disciplines of sport, health, and exercise sciences). This award to Peter of 1000 Euros was the highest for psychology. Additionally, Peter was awarded the British Psychological Society PhD of the Year Award, 2009.
*Peter is now Senior Lecturer at University of Stirling
3. **Abdullah Alselaimi:** Thesis Title: *The determinants of exercise behaviour in Saudi schoolchildren*. Successful completion (with revisions) 3rd December, 2010.
4. **Tjerk Moll:** Thesis Title: *When and how enacted support aids performance*. Student registered at University of Exeter. Second supervision from Dr Paul Freeman. Successful completion (Pass with minor revisions) 4th June, 2013. The high quality of Tjerk's work was recognised by winning a poster prize at the BASES student conference in 2011.
*Tjerk is now Lecturer at Cardiff Metropolitan University
5. **Emma Solomon:** Thesis Title: *Understanding changes in the personal, social and environmental impact upon physical activity of the Devon Active Villages programme*. Student registered at University of Exeter. Second supervision from Dr Melvyn Hillsdon. Successful completion (Pass with minor revisions) 19th December 2013. The high quality of Emma's work was recognised by her nomination for a University of Exeter Impact Award in December 2013.
*Emma is now Lecturer at University of Bath
6. **Jodie Green:** Thesis Title: *The development and validation of a psychological profiling system for elite cricket players*. Student registered at University of Exeter. Second supervision from Dr Kim Peters. Successful completion (Pass with minor revisions) 19th December 2013.
*Jodie is now Head of Marketing at Chelsea Magazine Company Ltd
7. **Francesca Gwynne:** Thesis Title: *Perceived support, enacted support, and effects upon performance and mediating mechanisms*. Student registered at University of Exeter. Second supervision from Dr Paul Freeman. Successful completion (Pass with minor revisions) 5th September, 2014.
*Francesca is now Lecturer at Southampton Solent University
8. **Adam Coussens:** Thesis Title: *Determinants of perceived coach support*. Student registered at University of Exeter. First supervision from Dr Paul Freeman. Successful completion (Pass with minor revisions) 8th July, 2015.
*Adam is now Lecturer at Newcastle University
9. **Mark Stevens:** Thesis Title: *A social identity approach to exercise and physical activity*. Student registered at Bournemouth University. Second supervision from Professor

Remco Polman / Dr Emma Kavanagh. MPhil/PhD transfer successful 28th February 2017. Successful completion (Pass with minor revisions) 22nd November, 2018.

**Mark is now Post-Doctoral Researcher at Australian National University*

10. **Darren Britton:** Thesis Title: *Stress reactivity and individual differences in adolescent athletes: Implications for performance and well-being*. First supervision from Dr Emma Kavanagh. MPhil/PhD transfer successful November 2016. Successful completion (Pass with minor revisions) 4th October, 2018.

**Darren is now Lecturer at Southampton Solent University*

11. **Francesca Dean.** Thesis title: *The diffusion and adoption of sport psychology in elite academy football: Integration and application*. Student registered at Bournemouth University. Second supervision from Dr Amanda Wilding. Commenced 17/9/18.

12. **Aritra Majumdar.** Thesis title: *Injury risk and performance: Towards a better understanding of the complexities and intricacies of load monitoring within an elite football club*. Second supervision from Rashid Bakirov. Commenced 23/9/19.

13. **Claire Hannah-Russell.** Thesis title: *Mental health and movement: Whole school approaches & community engagement*. Student registered at Bournemouth University. First supervision from Dr Daniel Lock. Commenced 01/01/20.

IMPACT

My work has featured in all major UK broadsheets, BBC R4's "[All in the Mind](#)", US National Public Radio's "[Only a Game](#)", and the [Canadian Broadcasting Corporation](#), plus the [BBC](#), [Psychology Today](#), and [Huffington Post](#) (among numerous online publications). My research has informed and changed practice across all UK Olympic Sports, England Rugby, the England and Wales Cricket Board, and the Lawn Tennis Association.

"[The Great British medalists project](#)" was the most downloaded paper in Sports Medicine of 2016, with 43K downloads, 193 citations (241 via Google scholar), and an Altmetric score of 260, placing it in the 99th percentile of all outputs tracked by Altmetric, as well as above 97% of its peers from the same journal, and ranked 2nd of similar age articles. The related piece in [The Conversation](#) has over 130K reads.

The REF 2021 Impact Case Study, derived from this work, has been rated 4*.

I have led a number of research projects, co-created with sporting organizations, across multiple sports, in conjunction with UK and international collaborators, which have highlighted that the key factors involved in producing elite athletes include early developmental experiences; individualised coaching; and social group membership. These insights have changed the working practices of thousands of coaches and athletes across more than 20 sports.

Dr Simon Timson, current Manchester City AFC Performance Director, and former Lawn Tennis Association Performance Director, UK Sport Director of Performance, and England and Wales Cricket Board Head of the England Development Programme, stated that the Great British Medalists Study is "the primary piece of empirical research that underpins talent identification, selection, confirmation, and development strategy in British elite sport today. Performance Directors, National Coaches and sports scientists working for more than 40 National Governing Bodies of Sport and the four home country institutes of sport have consistently used the results and conclusions from this research to inform the design and continuous improvement of the ways in which talent is defined, profiled, evaluated and understood". Timson further noted that as a result of my research, "leaders and coaches are better equipped to understand non-linear nature of talent development, the management of difficult or maverick behaviour and how to maximise the likelihood of more people turning their raw potential into elite performance".

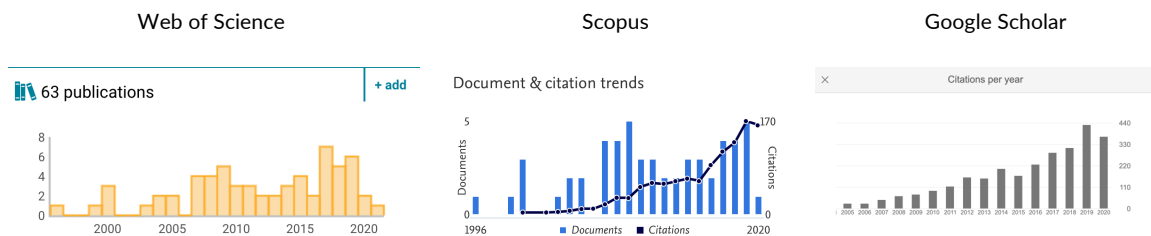
Dr James Bell, former Lead for Psychology: International Performance Department at England Rugby stated "Professor Tim Rees's research has changed the way we think about the development of elite sporting talent"

Dr Scott Drawer, former UK Sport Head of Research and Innovation, and subsequent England Rugby Athletic Performance Manager, Head of at Team Sky and now Director of Sport at Millfield School stated "The knowledge gained from exposure to Rees' research remains part of my day-to-day thinking and influences my practice in the way we support and develop young talent"

Sir Michael Barber, chair of the Office for Students and former Chief Adviser on Delivery to Tony Blair delivered a keynote at the Sport Performance Summit in London in 2016, referencing my research, and subsequently stating that he was "struck by the similarities that I saw between these characteristics and those I had seen in top performers in government."

PUBLICATIONS

Google Scholar—H-index: 29; i10 index: 44; 2840 citations; Rees & Hardy (2000) cited 301 times; Rees et al. (2016) 241 times; Rees & Hardy (2004) cited 152 times; Rees, Hardy, & Ingledew (2005) cited 145 times; Rees et al. (2015) cited 133 times. Scopus—H-index: 20; 1141 citations (55 docs). Web of Science—H-index: 10. Work featured in all major UK broadsheets, BBC R4’s [“All in the Mind”](#), US National Public Radio’s [“Only a Game”](#), and the [Canadian Broadcasting Corporation](#), plus the [BBC](#), [Psychology Today](#), and [Huffington Post](#) (among numerous online publications). The research has informed and changed practice across all UK Olympic Sports, England Rugby, the England and Wales Cricket Board, and the Lawn Tennis Association. The REF 2021 Impact Case Study, derived from this work, has been rated 4*. [“The Great British medalists project”](#) was the most downloaded paper in Sports Medicine of 2016, with 43K downloads, 193 citations (239 via Google scholar), and an Altmetric score of 260, placing it in the 99th percentile of all outputs tracked by Altmetric, as well as above 97% of its peers from the same journal, and ranked 2nd of similar age articles. The related piece in [The Conversation](#) has over 130K reads.



Refereed Journal Articles

1. Stevens, M., Cruwys, T., Rees, T. (2020—revise and resubmit—status: 28.10.20). Social identity leadership in sport and exercise: Current status and future directions. *Psychology of Sport and Exercise*. IF=2.827.
2. Rees, T. & Salvatore, J. (2020—in press 16.11.20). Questioning stereotypes disrupts the effects of stereotype threat. *Sport, Exercise and Performance Psychology*. IF=2.647.
3. Stevens, M., Rees, T., Coffee, P., Steffens, N., Haslam, S. A., & Polman, R. (2020). Leading ‘us’ to be active: A two-wave test of relationships between identity leadership, group identification, and attendance. *Sport, Exercise, and Performance Psychology*. Advance online publication. doi:10.1037/spy0000164. IF=2.647. [Link](#)
4. Stevens, M., Rees, T., Coffee, P., Steffens, N., Haslam, S. A., & Polman, R. (2019). The impact of leader identity entrepreneurship on effort and performance: Evidence from an exercise task. *PLoS ONE*, 14(7): e0218984. doi:10.1371/journal.pone.0218984. IF=2.740. [Link](#)
5. Steffens, N., Slade, E. L., Stevens, M., Haslam, S. A., & Rees, T. (2019). Putting the ‘we’ into workout: The association of identity leadership with exercise class attendance and effort, and the mediating role of group identification and comfort. *Psychology of Sport and Exercise*. doi:10.1016/j.psychsport.2019.101544. IF=2.827. [Link](#)
6. Güllich, A., Hardy, L., Kuncheva, L., Laing, S., Barlow, M., Evans, L., Rees, T., Abernethy, B., Côté, J., Warr, C., & Wraith, L. (2019). Developmental biographies of Olympic super-elite and elite athletes: A multidisciplinary pattern recognition analysis. *Journal of Expertise*, 2(1), 209-232. [Link](#)

*2 citations via Google Scholar

***Rated 4* for REF2021

7. Rascle, O., Charrier, M., Higgins, N., **Rees, T.**, Coffee, P., Le Foll, D., & Cabagno, G. (2019). Being one of us: Translating expertise into performance benefits following perceived failure. *Psychology of Sport and Exercise*, 43, 105-113. doi:10.1016/j.psychsport.2019.01.010. IF = 2.827 [Link](#)
8. Stevens, M., **Rees, T.**, & Polman, R. (2019). Social identification promotes exercise participation and health-related outcomes: Evidence from parkrun. *Journal of Sports Sciences*, 37(2), 221-228. doi:10.1080/02640414.2018.1489360. IF=2.597. [Link](#)
*7 citations via Google Scholar
9. Green, J., **Rees, T.**, Peters, K., Sarkar, M., & Haslam, S. A. (2018). Resolving not to quit: Evidence that salient group memberships increase resilience in a sensorimotor task. *Frontiers in Psychology*, 9, 2579. doi:10.3389/fpsyg.2018.02579. IF=2.067. [Link](#)
10. Arnold, R., Edwards, T., & **Rees, T.** (2018). Organizational stressors, social support, and performance in high-level sport. *Psychology of Sport and Exercise*, 39, 204-212. doi:10.1016/j.psychsport.2018.08.010. IF = 2.827. [Link](#)
*2 citations via Google Scholar
11. Stevens, M., **Rees, T.**, Coffee, P., Steffens, N., Haslam, S. A., & Polman, R. (2018). Leaders promote attendance in sport and exercise sessions by fostering social identity. *Scandinavian Journal of Medicine & Science in Sports*, 28, 2100-2108. doi:10.1111/sms.13217. IF=3.255. [Link](#)
*9 citations via Google Scholar
12. **Rees, T.**, Hardy, L., & Woodman, T. (2018). Authors' Reply to Hill: Comment on "The Great British Medalists Project: A review of current knowledge on the development of the world's best sporting talent". *Sports Medicine*, 48, 239-240. doi:10.1007/s40279-017-0802-3. IF=8.551. Altmetric score = 21 (top 25%); 29 social shares. [Link](#)
13. Hardy, L., Barlow, M., Evans, L., **Rees, T.**, Woodman, T., & Warr, C. (2017). Great British medalists: Response to the commentaries. *Progress in Brain Research*, 232, 207-216. doi:10.1016/bs.pbr.2017.03.005. IF = 2.961 [Link](#) **2 citations via Google Scholar
*2 citations via Google Scholar
14. Hardy, L., Barlow, M., Evans, L., **Rees, T.**, Woodman, T., & Warr, C. (2017). Great British medalists: Psychosocial biographies of super-elite and elite athletes from Olympic sports. *Progress in Brain Research*, 232, 1-119. doi:10.1016/bs.pbr.2017.03.004. IF = 2.961 Altmetric score = 10 (top 25%); 16 social shares. [Link](#)
*50 citations via Google Scholar
**Project on which this paper is based nominated for Times Higher Education "Research Project of the Year" 2016.
***Rated 4* for REF2021
15. Stevens, M., **Rees, T.**, Coffee, P., Steffens, N., Haslam, S. A., & Polman, R. (2017). A social identity approach to understanding and promoting physical activity. *Sports Medicine*, 47(10), 1911-1918. doi:10.1007/s40279-017-0720-4. IF=7.583. 5.5K downloads. 44 social media shares. Altmetric score = 27 (top 5%). **18 citations via Google Scholar. [Link](#)
*18 citations via Google Scholar; 10 citations via SM

16. Moll, T., **Rees**, T., Freeman, P. (2017). Enacted support and golf-putting performance: The role of support type and support visibility. *Psychology of Sport and Exercise*, 30, 30-37. doi:10.1016/j.psychsport.2017.01.007 IF = 2.710. Altmetric score = 6 (top 25%).
*4 citations via Google Scholar
17. **Rees**, T., Hardy, L., Güllich, A., Abernethy, B., Côté J., Woodman, T., Montgomery, H., Laing, S., & Warr, C. (2016). The Great British medalists project: A review of current knowledge into the development of the world's best sporting talent. *Sports Medicine*, 46(8), 1041-1058. doi:10.1007/s40279-016-0476-2. IF=7.583 Altmetric score = 261 (top 5%). 391 social media shares.
*239 citations via Google Scholar; 193 citations via SM
** Most downloaded Sports Medicine article of 2016 (42K downloads); top-5 most downloaded article of 2017
18. **Rees**, T., Haslam, A., Coffee, P., & Lavalley, D. (2015). A social identity approach to sport psychology: Principles, practice, and prospects. *Sports Medicine*, 45(8), 1083-96. doi:10.1007/s40279-015-0345-4. IF=7.583 Altmetric score = 21 (top 5%). Cited 18 times. 4.8K downloads. 35 social media shares.
*131 citations via Google Scholar; 40 citations via SM
19. Coussens, A., **Rees**, T., & Freeman, P. (2015). Uniquely supportive coaches: Two multivariate generalizability studies of the determinants of perceived coach support. *Journal of Sport & Exercise Psychology*, 37, 51-62. doi:10.1123/jsep.2014-0087. IF = 2.239.
*9 citations via Google Scholar
***Rated 3.5* for REF2021
20. Rasclé, O., Charrier, M., Lefoll, D., Higgins, N., **Rees**, T., & Coffee, P. (2015). Durability and generalization of attribution-based feedback following failure: Effects on expectations and behavioral persistence. *Psychology of Sport and Exercise*, 18, 68-74. doi:10.1016/j.psychsport.2015.01.003. IF = 2.710. Altmetric score = 2
*10 citations via Google Scholar
21. Freeman, P., Coffee, P., Moll, T., **Rees**, T., & Sammy, N. (2014). The ARSQ: The Athletes' Received Support Questionnaire. *Journal of Sport & Exercise Psychology*, 36(2), 189-202. doi:10.1123/jsep.2013-0080. IF = 2.434.
*22 citations via Google Scholar
***Rated 4* for REF2021
22. Mitchell, I., Evans, L., **Rees**, T., & Hardy, L. (2014). Stressors, social support and the buffering hypothesis: Effects on psychological responses of injured athletes. *British Journal of Health Psychology*, 19(3), 486-508. IF = 2.917. doi:10.1111/bjhp.12046. Altmetric score = 7 (top 25%)
*42 citations via Google Scholar
23. Solomon, E., **Rees**, T., Ukoumunne, O., Metcalf, B., & Hillsdon, M. (2014). The Devon Active Villages Evaluation (DAVE) trial of a community-level physical activity intervention in rural south-west England: A stepped wedge cluster randomised controlled trial. *International Journal of Behavioral Nutrition and Physical Activity*, 11:94. doi:10.1186/s12966-014-0094-z. IF = 6.714. Accessed 3285 times on IJBNPA. Altmetric score = 5 (top 25%)

*20 citations via Google Scholar

***Rated 4* for REF2021

24. Rees, T., Salvatore, J., Coffee, P., Haslam, S. A., Sargent, A., & Dobson, T. (2013). Reversing downward performance spirals. *Journal of Experimental Social Psychology*, 49, 400-403. doi:10.1016/J.Jesp.2012.12.013. IF = 3.254. Altmetric score = 4 (top 25%).

*12 citations via Google Scholar

25. Solomon, E., Rees, T., Ukoumunne, O., Metcalf, B., & Hillsdon, M. (2013). Personal, social, and perceived environmental correlates of physical activity in adults living in rural villages: a cross-sectional study. *International Journal of Behavioral Nutrition and Physical Activity*, 10:129, 1-15. Early view doi:10.1186/1479-5868-10-129. IF = 6.037

*40 citations via Google Scholar

26. Rees, T., Freeman, P., Bell, S., & Bunney, R. (2012). Three generalizability studies of the components of perceived coach support. *Journal of Sport & Exercise Psychology*, 34, 238-251. IF = 2.434

*22 citations via Google Scholar

27. Solomon, E., Rees, T., Ukoumunne, O., & Hillsdon, M. (2012). The Devon Active Villages Evaluation (DAVE) trial: Study protocol of a stepped wedge cluster randomised trial of a community-level physical activity intervention in rural southwest England. *BMC Public Health*, 12:581. doi:10.1186/1471-2458-12-581. IF = 2.521

*12 citations via Google Scholar

28. Coffee, P., & Rees, T. (2011). When the chips are down: Effects of attributional feedback on self-efficacy and task performance following initial and repeated failure. *Journal of Sports Sciences*, 29, 235-245. doi:10.1080/02640414.2010.531752. IF = 2.811

*34 citations via Google Scholar

29. Freeman, P., Coffee, P., & Rees, T. (2011). The PASS-Q: The Perceived Available Support in Sport Questionnaire. *Journal of Sport & Exercise Psychology*, 33, 54-74. IF = 2.434

*62 citations via Google Scholar

30. Rees, T., & Freeman, P. (2010). The effect of experimentally provided social support on golf-putting performance. *The Sport Psychologist*, 18, 333-348. IF = 1.515

*24 citations via Google Scholar

31. Rees, T., Mitchell, I., Evans, L., & Hardy, L. (2010). Stressors, social support and psychological responses to sport injury in high and low-performance standard participants. *Psychology of Sport and Exercise*, 11, 505-512. IF = 2.710
doi:10.1016/J.Psychsport.2010.07.002

*84 citations via Google Scholar

32. Freeman, P., & Rees, T. (2010). Social support from teammates: Direct and stress-buffering effects on self-confidence. *European Journal of Sports Sciences*, 10, 59-67. IF=2.781. doi:10.1080/17461390903049998

*60 citations via Google Scholar

33. Coffee, P., **Rees**, T., & Haslam, S. A. (2009). Bouncing back from failure: The interactive impact of perceived controllability and stability on self-efficacy beliefs and future task performance. *Journal of Sports Sciences*, 27, 1117-1124. doi:10.1080/02640410903030297
*42 citations via Google Scholar
34. Coffee, P., & **Rees**, T. (2009). The Main and Interactive Effects of Immediate and Reflective Attributions upon Subsequent Self-Efficacy. *European Journal of Sports Sciences*, 9, 41-52. IF=2.376. doi:10.1080/17461390802594227
*19 citations via Google Scholar
35. Freeman, P., & **Rees**, T. (2009). How does perceived support lead to better performance? An examination of potential mechanisms. *Journal of Applied Sport Psychology*, 21, 429-441. IF=2.150. doi:10.1080/10413200903222913
*64 citations via Google Scholar
36. Freeman, P., **Rees**, T., & Hardy, L. (2009). An intervention to increase social support and improve performance. *Journal of Applied Sport Psychology*, 21, 186-200. IF=2.203. doi:10.1080/10413200902785829
*31 citations via Google Scholar
37. **Rees**, T., & Freeman, P. (2009). Social support moderates the relationship between stressors and task performance through self-efficacy. *Journal of Social and Clinical Psychology*, 28, 245-264. IF=1.472. doi:10.1521/jscp.2009.28.2.244
*84 citations via Google Scholar
38. Freeman, P., & **Rees**, T. (2008). The effects of perceived and received support on objective performance outcome. *European Journal of Sport Sciences*, 8, 359-368. IF=2.376. doi:10.1080/17461390802261439
*46 citations via Google Scholar
39. Coffee, P., & **Rees**, T. (2008). The CSGU: A Measure of Controllability, Stability, Globality, and Universality Attributions. *Journal of Sport & Exercise Psychology*, 30, 611-641. IF=2.434.
*19 citations via Google Scholar
40. Coffee, P., & **Rees**, T. (2008). The main and interactive effects of attribution dimensions upon efficacy expectations in sport. *Psychology of Sport and Exercise*, 9, 775-785. IF=2.710. doi:10.1016/J.Psychsport.2007.12.002
*31 citations via Google Scholar
41. Evans, L., Hardy, L., Mitchell, I., & **Rees**, T. (2008). The development of a measure of psychological responses to sport injury. *Journal of Sport Rehabilitation*, 16, 21-37. IF=1.650.
*34 citations via Google Scholar
42. **Rees**, T., & Freeman, P. (2007). The differential impact of perceived and received support upon confidence. *Journal of Sports Sciences*, 25, 1057-1065. doi:10.1080/02640410600982279
*85 citations via Google Scholar

43. **Rees, T.** (2007). Main and interactive effects of attribution dimensions upon efficacy expectations in sport. *Journal of Sports Sciences*, 25, 473-480.
doi:10.1080/02640410600703063
*10 citations via Google Scholar
44. **Rees, T., Hardy, L., & Evans, L.** (2007). Construct validity of the Social Support Survey in Sport. *Psychology of Sport and Exercise*, 8, 355-368.
doi:10.1016/J.Psychsport.2006.06.005
*35 citations via Google Scholar
45. **Rees, T., Hardy, L., & Freeman, P.** (2007). Stressors, social support and effects upon performance in golf. *Journal of Sports Sciences*, 25, 33-42.
doi:10.1080/02640410600702974
*84 citations via Google Scholar
46. **Rees, T., Ingledew, D. K., & Hardy, L.** (2005). Attribution in sport psychology: Seeking congruence between theory, research and practice. *Psychology of Sport and Exercise*, 6, 189-204. doi: 10.1016/J.Psychsport.2003.10.008
*119 citations via Google Scholar
47. **Rees, T., Ingledew, D. K., & Hardy, L.** (2005). Attribution in sport psychology: Further comments. *Psychology of Sport and Exercise*, 6, 213-214.
doi:10.1016/J.Psychsport.2004.09.004
*4 citations via Google Scholar
48. **Rees, T., & Hardy, L.** (2004). Matching social support with stressors: Effects on factors underlying performance in tennis. *Psychology of Sport and Exercise*, 5, 319-337.
doi:10.1016/S1469-0292(03)00018-9
*127 citations via Google Scholar
49. **Rees, T., Smith, B., & Sparkes, A.** (2003). The influence of social support on the lived experiences of spinal cord injured sportsmen. *The Sport Psychologist*, 17, 135-156.
*83 citations via Google Scholar
50. **Rees, T., & Hardy, L.** (2000). An examination of the social support experiences of high-level sports performers. *The Sport Psychologist*, 14, 327-347.
*299 citations via Google Scholar
51. **Rees, T., Hardy, L., & Ingledew, D. K.** (2000). Performance assessment in sport: Formulation, justification and confirmatory factor analysis of a measurement instrument for tennis performance. *Journal of Applied Sport Psychology*, 12, 203-218.
doi:10.1080/10413200008404223
*8 citations via Google Scholar
52. **Rees, T., Hardy, L., Ingledew, D. K., & Evans, L.** (2000). Examination of the validity of the Social Support Survey using confirmatory factor analysis. *Research Quarterly for Exercise and Sport*, 71, 322-330. IF=1.883. doi:10.1080/02701367.2000.10608915
*22 citations via Google Scholar
53. **Rees, T., Ingledew, D. K., & Hardy, L.** (1999). Social support dimensions and components of performance in tennis. *Journal of Sports Sciences*, 17, 421-429.
doi:10.1080/026404199365948
*64 citations via Google Scholar

Book Chapters

54. Stevens, M., Cruwys, T., **Rees, T.**, Haslam, S. A., Boen, F., & Fransen, K. (2020) Physical activity. In SA Haslam, K Fransen, & F Boen (Eds.). *The new psychology of sport and exercise: The social identity approach*. Sage.
55. Haslam, S. A., **Rees, T.**, Coffee, P. (2020) Social support. In SA Haslam, K Fransen, & F Boen (Eds.). *The new psychology of sport and exercise: The social identity approach*. Sage.
56. Valeeva, E. V., Ahmetov, I. I., **Rees, T.** (2019). Psychogenetics and sport. In D. Barh & I. I. Ahmetov, *Sports, Exercise, and Nutritional Genomics* (pp. 147-165). Amsterdam: Elsevier.
57. **Rees, T.** (2016). Social support in sport psychology. In R. J. Schinke, K. R. McGannon, & B. Smith, *Routledge international handbook of sport psychology* (pp. 505-515). London: Routledge.
58. **Rees, T.** (2014). Support Group. In R. C. Eklund, & G. Tenenbaum, *Encyclopedia of Sport and Exercise Psychology* (pp. 727-729). Thousand Oaks, CA: SAGE.
59. **Rees, T.** & Freeman, P. (2011). Coping in sport through social support. In J. Thatcher, M. Jones, & D. Lavallee, *Coping and Emotion in Sport* (2nd ed., pp. 102-117). New York: Routledge.
60. **Rees, T.** (2007). Influence of social support on athletes. In S. Jowett & D. Lavallee, *Social psychology in sport* (pp. 223-231). Champaign, IL: Human Kinetics.

Manuscripts under review

61. Parkinson, E. P., Immins, T., Docherty, S., Goodwin, E., Hawton, A., Low, M., Middleton, R. G., **Rees, T.**, Thomas, P. W., & Wainwright, T. W. (2020). CycLing and EducATion (CLEAT): Protocol for a single centre randomised controlled trial of a cycling and education intervention for the treatment of hip osteoarthritis. *BMJ Open*. IF = 2.496.

Manuscripts in preparation

62. Majumdar, A., Bakirov, R., Scott, S., Hodges, D., **Rees, T.** (to be submitted—2020). Harnessing machine learning (explainable artificial intelligence) to unpick the relationship between training load and injury in soccer. *Sports Medicine* (projected journal). IF=8.551.
63. **Rees, T.**, Barlow, M., Hardy, L., Evans, L., Woodman, T., & Warr, C. (to be submitted—2020). Great British coaches: Coach-athlete relationships of Super-Elite and Elite athletes from Olympic sports. *Sport, Exercise and Performance Psychology* (projected journal). IF=1.714.
64. **Rees, T.**, Green, J., Peters, K., Stevens, M., & Haslam, S. A. (to be submitted—2020). Multiple social identities, identity compatibility, and adjustment to program transitions in cricket academies. *Psychology of Sport and Exercise*. (projected journal). IF=2.878.
65. Freeman, P., & **Rees, T.** (to be submitted—2020). Coach, athlete, and relational influences on development athletes' attitudes, intentions, and willingness to dope.
66. Coussens, A., **Rees, T.**, Morse, D., & Freeman, P. (to be submitted—2020-21). Trait and social influences in social support and their correlates: An examination of support networks.
67. Gwynne, F., **Rees, T.**, K., Hodgson, T., & Freeman, P. (to be submitted—2020-21). The effect of experimentally provided support on neurocognitive mechanisms of

performers low in perceived support. *Neuropsychology*. IF 3.27 or *NeuroImage* IF 6.36 (projected journal)

68. Heaton, I. R., Hall, E. E., Ahmed, O. H., Rees, T., & Ketcham, C. J. (to be submitted—2020-21). Examination of the availability and effectiveness of social support systems following a concussion in collegiate student-athletes and dancers. ???
69. Moll, T., Rees, T., Freeman, P. (to be submitted—2020-21). Don't encourage them! Informational support trumps esteem support in a penalty-taking task. *Psychological Science* (projected journal).
70. Freeman, P., Rees, T., Gwynne, F., & Coussens, A. (to be submitted—2020-21). Three multivariate generalizability studies of the determinants of perceived coach support, and the impact of support on self-efficacy, emotions, and performance. *Leadership Quarterly* (projected journal). IF 3.78
71. Dean, F., Wilding, A., Kavanagh, E., & Rees, T. (to be submitted—2021). Sport psychology support for academy footballers in England. *The Sport Psychologist* (projected journal).

White Papers

72. Freeman, P., & Rees, T. (2017). *Coach, athlete, and relational influences on development athletes' attitudes, intentions, and willingness to dope*. Final report for the IOC Olympic Studies Centre Advanced Olympic Research Grant Programme 2016/2017 Award. Commissioned by the IOC as part of \$10,800 grant. [Report Link](#)
73. Rees, T., Hardy, L., Abernethy, B., Güllich, A., Côté J., Woodman, T., Montgomery, H., Laing, S., & Warr, C. (2013). *Talent identification and development. A White Paper*. Commissioned by UK Sport as part of £100K grant.
74. Hardy, L., Barlow, M., Kuncheva, L., Evans, L., Rees, T., Woodman, T., Abernethy, B., Güllich, A., Côté, J., Laing, S., Warr, C., Jackson, A., Wraith, L., & Kavanagh, J. (submitted 12th June 2013 to UK Sport). *A comparison of the biographies of GB serial medal and non-medalling Olympic athletes*. Commissioned by UK Sport as part of £100K grant.

Refereed Academic Journal Abstracts

75. Rees, T., Mitchell, I., Evans, L., & Hardy, L. (2004). Social support and psychological response to injury. *Psychology and Health*, 19 (suppl. 1), 144.
76. Rees, T., Hardy, L., & Evans, L. (1998). Confirmatory factor analysis of the Social Support Survey. *Journal of Applied Sport Psychology*, 10, 163-164.
77. Rees, T., Ingledew, D. K., & Hardy, L. (1996). Dimensions of performance and differential effects of hassles, support and perceived control. *Journal of Sports Sciences*, 14, 43-44.

Other Publications

78. Rees, T. (2010). Performing under pressure in sport. *The Sport and Exercise Scientist*, 24, Summer 2010, p. 29.
79. Rees, T., & Smith, B. (2003). Sport and well-being: dealing with adversity. *BASES World*, December, 10-11.

EXTERNAL RECOGNITION

Invited Keynote – Dorset coaches = Canford School

1. Rees, T. (May 2020). AFC Business Hub. *Nature, nurture, and beyond. What underpins exceptional sporting performance.*
2. Rees, T. (March 2019). SURE.
3. Rees, T. (March 2018). *Exceptional sporting performance. Nature, nurture, and beyond.* Festival of Science, AFC Bournemouth.
4. Rees, T. (November 2017). *Nature, nurture, and beyond. What underpins exceptional sporting performance.* Professorial Inaugural Lecture, AFC Bournemouth.
5. Rees, T. (July 2017). *Social identity in sport: Future directions.* Keynote at the International Conference on Social identity in Sport, Leuven, Belgium.
6. Rees, T. (July 2017). *A Social Identity Approach to Leadership.* International Council for Coaching Excellence (ICCE) Global Coach Conference, Liverpool.
7. Rees, T. (November 2014). *The role of social support in sport.* Keynote at the Northeast Asia Conference on Kinesiology, Taoyuan, Taiwan.

Invited Conference Presentations

8. Rees, T., Moll, T., & Freeman, P. (2015). *What makes Support Effective? The Role of Support Content and Support Visibility.* Presentation at the 2015 Division of Sport and Exercise Psychology Conference, Manchester, UK.
9. Rees, T., Salvatore, J., Coffee, P., Haslam, S. A., Sargent, A., & Dobson, T. (2013). *Reversing downward performance spirals.* Presentation at the 2013 Division of Sport and Exercise Psychology Conference, Manchester, UK.
10. Rees, T., Salvatore, J., Coffee, P., & Haslam, S. A. (2011). *The ingroup as a resource for improving identity-threatened performance.* Presentation at the 2011 European Association of Social Psychology Challenging Stereotypes Conference, Lisbon, Portugal.
11. Rees, T., Coffee, P., Salvatore, J., & Haslam, S. A. (2011). *What determines performers' responses to attribution feedback about failure? The importance of the ingroup-outgroup status of the feedback source.* Invited Symposium at the 14th International Congress of ACAPS, Rennes, France.
12. Rees, T. (2009). *Stress, social support, and performance.* Presented at the European Congress of Sports Science Annual Conference, Oslo.
13. Rees, T. (2008). *Attributions, expectations, and performance in sport.* Presented at the British Psychological Society Annual Conference, Dublin.
14. Rees, T. (2007). *Stressors, social support, and performance.* Presented at the British Psychological Society Annual Conference, York.

Co-Authored Invited Conference Presentations

15. Coffee, P., & Rees, T. (2011). *When the chips are down: effects of attribution feedback on self-efficacy and task performance following initial and repeated failure.* Invited Symposium at 14th International Congress of ACAPS, Rennes, France.
16. Coffee, P., & Rees, T. (2010). *Attributions in sport psychology.* Invited Award Presentation at the 2010 Division of Sport & Exercise Psychology Conference, London, UK (DSEP Book of Abstracts, p. 23-24).

17. Coffee, P., & **Rees**, T. (2010). *Attributions: Measurement, effects upon self-efficacy and performance, and future directions*. Presented at the 2010 Annual Conference of The British Psychological Society, Stratford-upon-Avon, UK (BPS Book of Abstracts, p. 115).

Invited University Presentations

18. **Rees**, T. (2006). *The influence of social support on athletes*. Presented at the University of Loughborough.
19. **Rees**, T. (2003). *Social support and performance in sport*. Presented to the School of Psychology, University of Exeter.

TEACHING

Institution/Dates	Position(s)	Teaching/Supervision Responsibilities
Bournemouth University 2015-	Professor	<ol style="list-style-type: none"> Supervision of BSc research dissertations Supervision of PhD students Undergraduate and postgraduate teaching <ul style="list-style-type: none"> <i>Currently teaching:</i> BSc Intro to Sport & Exercise Psychology [Level 4] BSc Psychology of Human Performance [Level 5] BSc Psychology of Exercise [Level 5] BSc Sport Coaching [Level 6] <i>Previously taught</i> BSc Sport Development [MSc Level] MSc Sport Management [MSc Level]
University of Exeter 2000 to 2015	Lecturer A/B + Senior Lecturer	<ol style="list-style-type: none"> Undergraduate and postgraduate teaching <ul style="list-style-type: none"> BSc Sport & Exercise Psychology [Level 1] BSc Quantitative Research [Level 2] BSc Sport Psychology [Level 3] MSc Quantitative Research [MSc Level] MSc Applied Sport & Exercise Psychology [MSc Level] BSc Current Issues in Human Development [Level 3] BSc Exercise and Sport Psychology [Level 2] BSc Sport & Exercise Psychosociology [Level 1] BSc Introduction to Statistics [Level 1] BSc Psychology of Sports Performance [Level 2] Supervision of BSc and MSc research dissertations Supervision of PhD students
Bangor University 1995 to 1999	PhD Student	<ol style="list-style-type: none"> Research Skills and Statistics [Level 1] Computing Skills [Level 1] Basic Psychological Skills [Level 1] Sport Psychology [Level 2] Social Psychology of Sport [Level 3] Stress and Performance [Level 3] Epidemiology [Level 3] Skills courses in tennis and indoor hockey Undergraduate dissertation supervision

EDITORIAL AND REVIEWING POSITIONS

Journal Editorial Activities

1. 2011-2015: Editorial Board - *Psychology of Sport and Exercise*.
2. 2007 -: Editorial Board - *Sport and Exercise Psychology Review*.
3. 2006 - 2009: Digest Panel Member – *Journal of Sport & Exercise Psychology*.

Journal Review Duties

Regular reviewer for the following peer-reviewed journals:

1. *International Journal of Sport Psychology*
 2. *International Review of Sport and Exercise Psychology*
 3. *Journal of Applied Social Psychology*
 4. *Journal of Applied Sport Psychology*
 5. *Journal of Sport & Exercise Psychology*
 6. *Journal of Sports Sciences*
 7. *Psychology of Sport & Exercise*
 8. *The Sport Psychologist*
 9. *PLOS One*
 10. *International Journal of Sport and Health Science*
 11. *Sport, Exercise, and Performance Psychology*
 12. *European Journal of Sport Science*
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RESEARCH EXAMINING

External Examiner Responsibilities

1. **2008:** External examiner for PhD candidate Mark Allen at Staffordshire University
2. **2016:** External examiner for PhD candidate William Thomas at Sussex University

Internal Examiner Responsibilities

3. **2018:** PhD Emma Mosely
4. **2015:** PhD Don Lee
5. **2015:** PhD Izzy Moore
6. **2014:** PhD Chelsea Starbuck
7. **2014:** PhD Lee Moore
8. **2014:** PhD Richard Pulsford
9. **2013:** PhD Charlotte Benjamin
10. **2010:** PhD Melfy Eddosary
11. **2001:** PhD Liz Partington.
12. **2000:** PhD Sophia Jowett.
13. Examiner for various MPhil/PhD conversions

ADMINISTRATION

Institution/Dates	Position(s)	Responsibilities/Subject Areas Managed & Delivered
Bournemouth University 2015-	Professor	<ol style="list-style-type: none"> 1. University Board Member 2018 onwards 2. Professoriate Member of Senate 2017 onwards 3. Chair, University Impact Sub-committee 2017-2019 4. REF Lead for UoA 24c for sport 2016 onwards 5. Impact Champion for UoA 24c for sport 2016 onwards 6. Deputy Director, Centre for Sport & Physical Activity Research (SPARC) 2015 onwards
University of Exeter January 2000 - 2015	Lecturer A/B and Senior Lecturer	<ol style="list-style-type: none"> 1. Director of Postgraduate Studies 2012 to 2015 (formerly MSc Programme Leader 2001-2010 - Established the MSc single-handedly through all stages of conception and development. 2. Reconstruction of BSc/MSc sport psychology 3. Reconstruction of BSc/MSc research methods 4. Management of BSc/MSc sport psychology 5. Management of BSc/MSc research methods 6. QAA 2001 Leader Student Support & Guidance (grade 4/4) 7. School Disability Officer, 2001-2002. 8. 2000-2003 year group cohort leader. 9. Chair - MSc Programme Committee. 10. Member - School Committee for Learning and Teaching. 11. Member - School Committee for Consultancy and Services.

		12. Member - Postgraduate Student-Staff Liaison Committee. 13. Panel – 2009 university-wide workshop on doctoral supervision. 14. Discipline Lead for Technology Enhanced Learning
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CONSULTANCY

In addition to my research and teaching profile, I have been actively engaged in the application of my work. I have been a British Association of Sport and Exercise Sciences Accredited Sport and Exercise Scientist since 1999, and in 2010 gained recognition with the British Psychological Society as a Chartered Psychologist. I am also a Fellow of the British Psychological Society, and have licenced accreditation to use the 16pf personality test, as well as the suite of personality and 360 instruments from ASSESS.

I have been appointed as a consultant psychologist to various individuals and teams, including:

- Motor racing (FIAWEC Pro Ford Chip Ganassi Driver; LMP2 Le Mans 2014 Winner; Formula Renault Graduate Cup champion).
- Equestrianism (UK U21 Dressage champion).
- High-board diving (UK number 1 ranked junior).
- Ice skating (British senior ice dance champions).
- Canoe slalom (British junior canoe slalom squad).

In addition to these external appointments I have offered my services to a number of University teams, such as rugby (BUSA winners, 2001), hockey (BUSA winners, 2007), golf (BUSA winners, 2004), and football (BUSA semi-finalists, 2002).

Media

My work has been represented in all major UK broadsheets and on national radio and television. For example, in 2011 my work on attributions was the feature of a full segment on BBC Radio 4's flagship psychology programme "[All in the Mind](#)". My 2013 work on performance spirals was the feature for US National Public Radio's "[Only a Game](#)", and the [Canadian Broadcasting Corporation](#), plus [Psychology Today](#) and [Huffington Post](#) (among numerous online publications) have all detailed my research. All this work has also informed and changed practice across all UK Olympic Sports, as well as England Rugby, and the England and Wales Cricket Board.

PROFESSIONAL TRAINING SUPERVISION

Three Year BASES Supervised Experience and Accreditation System for Professional Training of Sport Psychologists

1. **Paul Freeman:** I provided training supervision through three years of BASES Supervised Experience, leading to Paul's award of BASES accreditation.
2. **Peter Coffee:** I provided training supervision through three years of BASES Supervised Experience, leading to Peter's award of BASES accreditation.
3. **Tjerk Moll:** I provided training supervision through the BASES Supervised Experience scheme.
4. **Jodie Green:** I provided training supervision through the BASES Supervised Experience scheme.
5. **Francesca Gwynne:** I provided training supervision through the BASES Supervised Experience scheme.

NATIONAL COMMITTEE APPOINTMENTS

1. 1996 to 2005: British Olympic Association - Psychology Advisory Group Invitee.

REFEREED ABSTRACTS / CONFERENCE COMMUNICATIONS

Rees, T. (July 2019). Multiple social identities, identity compatibility, and adjustment to program transitions in cricket academies. International Conference on Social identity in Sport, Stirling.

Stevens, M., Rees, T., Coffee, P., Steffens, N. K., Haslam, S. A., Polman, R. (2019). Promoting physical activity participation through social identity leadership: Evidence from two empirical studies. Presented at the Society of Australasian Social Psychologists. Sydney, Australia.

Arnold, R., Edwards, T., & Rees, T. (2017). The direct and organisational stress moderating effects of perceived social support on athletic performance in elite sport. Presented at the British Association of Sport and Exercise Sciences Annual Conference, Nottingham.

Freeman, P., Fu, D., Madigan, D., & Rees, T. (2017). Coach, athlete, and relational influences on development athletes' attitudes, intentions, and willingness to dope. Presented at the British Association of Sport and Exercise Sciences Annual Conference, Nottingham.

Coussens, A., Rees, T., & Freeman, P. (2015). Trait and social influences in the relationship between social support, self-confidence, and performance. Presented at the British Psychological Society Annual Conference, Liverpool.

Rees, T., Haslam, S. A., Salvatore, J., Coffee, P., Green, J., & Peters, K. (2014). *Social identity, group memberships, and performance in sport*. Presentation at the 2014 Conference of the European Association of Social Psychology, Amsterdam.

Salvatore, J., & Rees, T. (2012). Directly challenging stereotype validity: A successful intervention for athletes under threat. Presented at the 24th Annual Convention of the Association for Psychological Science, Chicago, IL, USA.

Gwynne, F., Rees, T., & Freeman, P. (2012). Multivariate generalizability analysis of perceived support in the coach-athlete relationship. AAASP.

Coffee, P., & Rees, T. (2012). Resiliency in the face of adversity: Interactions of attributions upon self-efficacy and performance. Presented at the 2012 Annual Conference of The British Psychological Society, London, UK (BPS Book of Abstracts, p. 96).

Salvatore, J., & Rees, T. (2011). Directly challenging stereotype validity: A successful intervention for athletes under threat. Presentation at the 2011 European Association of Social Psychology Challenging Stereotypes Conference, Lisbon, Portugal.

Coffee, P., Rees, T., & Haslam, S. A. (2009). Feedback affects performance when it is provided by an ingroup member. Presented at the 21st Annual Convention of the Association for Psychological Science, San Francisco, USA (APS Book of Abstracts, p. 195).

Freeman, P. & Rees, T. (2009). Perceived social support and self-confidence. Presented at the 21st Annual Convention of the Association for Psychological Science, San Francisco, USA (APS Book of Abstracts, p. 195).

Coffee, P., & Rees, T. (2008). A novel measure of attributions, and main and interactive effects of attributions upon self-efficacy and performance. Presented at the 13th Annual Congress of the European College of Sport Science, Estoril, Portugal (ECSS Book of Abstracts, pp. 71-72).
 ***ECSS Young Investigators' Award Winner 4th place.

Freeman, P., Rees, T., & Hardy, L. (2008). An intervention to increase social support and improve performance. Presented at the 13th Annual Congress of the European College of Sport Science, Estoril, Portugal (ECSS Book of Abstracts, pp. 428-429).

Rees, T., & Freeman, P. (2008). The effect of experimentally provided social support on golf-putting performance. Presented at the 13th Annual Congress of the European College of Sport Science, Estoril, Portugal (ECSS Book of Abstracts, p. 662).

Coffee, P., & Rees, T. (2007). Main and interactive effects of attributions upon efficacy expectations following less successful performances. Presented at the 12th European Congress of Sport Psychology, Halkidiki, Greece (FEPSAC Book of Abstracts, p. 314-315).

Freeman, P., & Rees, T. (2007). Social support, the optimal matching model, and objective performance outcome in golf. Presented at the 12th European Congress of Sport Psychology, Halkidiki, Greece (FEPSAC Book of Abstracts, p. 268-269).

Rees, T., & Freeman, P. (2007). The stress-buffering relationship of social support with golf performance, and the role of self-efficacy in mediating this relationship. Presented at the 12th European Congress of Sport Psychology, Halkidiki, Greece (FEPSAC Book of Abstracts, p. 268).

Coffee, P., & Rees, T. (2006). Attributions across time: Controllability and generalisability attributions on efficacy expectations in sport. Presented at the Annual Congress of the European College of Sport Science, Lausanne, Switzerland. (ECSS Book of Abstracts. p. 162).

Freeman, P., & Rees, T. (2006). Perceived support, cognitive appraisal, and performance. Presented at the Annual Congress of the European College of Sport Science, Lausanne, Switzerland (ECSS Book of Abstracts. p. 235-236).

Rees, T., & Freeman, P. (2006). The effects of perceived and received support on performance. Presented at the Annual Congress of the European College of Sport Science, Lausanne, Switzerland (ECSS Book of Abstracts. p. 380).

Rees, T., Coffee, P., & Hardy, L. (2005). *Importance of controllable attributions*. Presented at the Annual Conference of the Association for the Advancement of Applied Sport Psychology, Vancouver, Canada.

Evans, L., Mitchell, I., & Rees, T. (2005). *The temporal patterning of injured athletes' psychological responses*. Presented at the Annual Conference of the Association for the Advancement of Applied Sport Psychology, Vancouver, Canada.

Mitchell, I., Rees, T., & Evans, L. (2005). *The development of the Social Support Inventory for Injured Athletes*. Presented at the Annual Conference of the Association for the Advancement of Applied Sport Psychology, Vancouver, Canada.

Evans, L., Mitchell, I., & Rees, T. (2005). *The temporal pattern of athletes' psychological responses to injury*. Presented at the Annual Exercise Science and Sports Medicine Symposium, Cardiff, U.K.

Mitchell, I., Rees, T., & Evans, L. (2005). *The development of the Social Support Inventory for Injured Athletes*. Presented at the Annual Exercise Science and Sports Medicine Symposium, Cardiff, U.K.

Evans, L., Hardy, L., Mitchell, T., & Rees, T. (2004). *The development of a measure of psychological responses to sport injury*. Presented at the Annual Conference of the Association for the Advancement of Applied Sport Psychology, Minneapolis, USA.

Freeman, P., & Rees, T. (2004). *The differential effects of perceived and received support on confidence*. Presented at the Annual Conference of the Association for the Advancement of Applied Sport Psychology, Minneapolis, USA.

Mitchell, I., Rees, T., Evans, L. & Hardy, L. (2004). *Matching social support with stressors: Effects on psychological responses of injured athletes*. Presented at the Annual Conference of the Association for the Advancement of Applied Sport Psychology, Minneapolis, USA.

Mitchell, I., Rees, T., Evans, L. & Hardy, L. (2004). *The stress-buffering effects of social support on psychological responses of injured athletes*. Presented at the Annual Exercise Science and Sports Medicine Symposium, Cardiff, U.K.

Rees, T., Hardy, L., & Freeman, P. (2004). *Social support and golf performance*. Presented at the Annual Congress of the European College of Sport Science, Clermont-Ferrand, France.

Rees, T., Smith, B, Sparkes, A. (2003). *The Influence of Social Support on the Lived Experiences of Spinal Cord Injured Sportsmen*. Presented at the European Congress of Sport Psychology (FEPSAC), Copenhagen, Denmark.

Rees, T., & Hardy, L. (2001). *Matching social support with stressors: Effects on performance in tennis*. Presented at the 10th World Congress of Sport Psychology, Thessaloniki, Greece.

Rees, T., & Hardy, L. (2001). *Matching social support with stressors: Effects on tennis performance*. Presented at the Annual Congress of the European College of Sport Science, Cologne, Germany.

Rees, T., & Hardy, L. (2000). *An examination of the social support experiences of high-level sports performers*. Presented at the Annual Conference of the Association for the Advancement of Applied Sport Psychology, Nashville, USA.

Rees, T., Hardy, L., & Evans, L. (1998). *Confirmatory factor analysis of the Social Support Survey*. Presented at the Annual Conference of the Association for the Advancement of Applied Sport Psychology, Cape Cod, USA.

Rees, T., Ingledew, D. K. I., & Hardy, L. (1995). *Dimensions of performance and differential effects of hassles, support and perceived control*. Presented at the Annual Conference of the British Association of Sport and Exercise Sciences, Belfast, Northern Ireland.